

# LATIN AMERICA VOYAGES EXPEDITION CRUISES 2025-2026



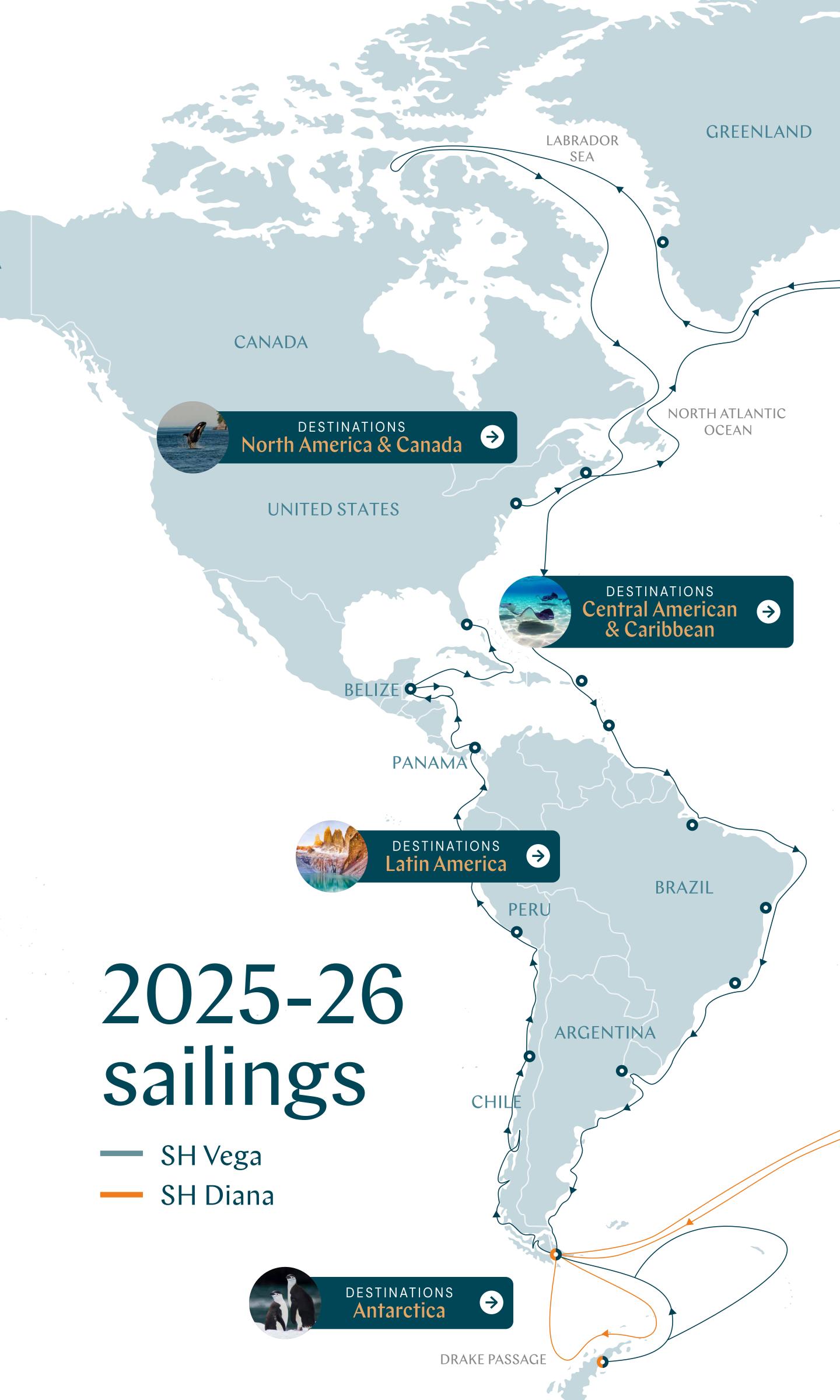
A legacy of discovery

# A future of possibilities

For over 70 years, Swan Hellenic has

always been a pioneering company. Today we're more ambitious than ever – and our passion for adventure and cultural exploration has only grown stronger. We sail to places where the earth's mysteries still hold untold wonders, seek immersive experiences, and make life-changing discoveries with every journey. With us, you'll see what others don't. We look forward to welcoming you on board.







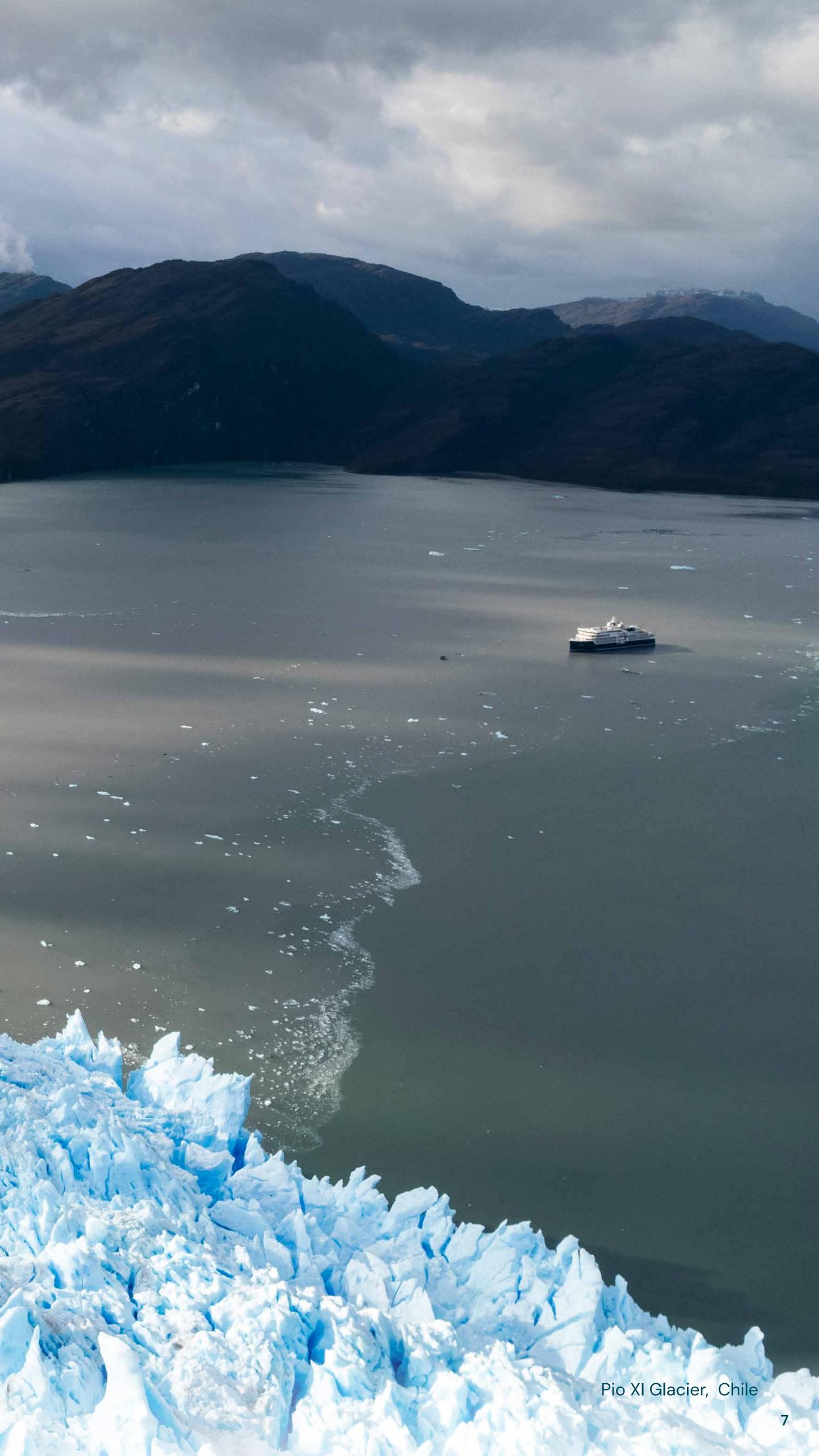




## See what others don't

Some people see things as they are, others look further. Let us take you on a journey that will change the way you see the world. Sail to some of the most incredible, remote destinations on the planet. When you travel with us, the wonders of the world take on a richer hue.



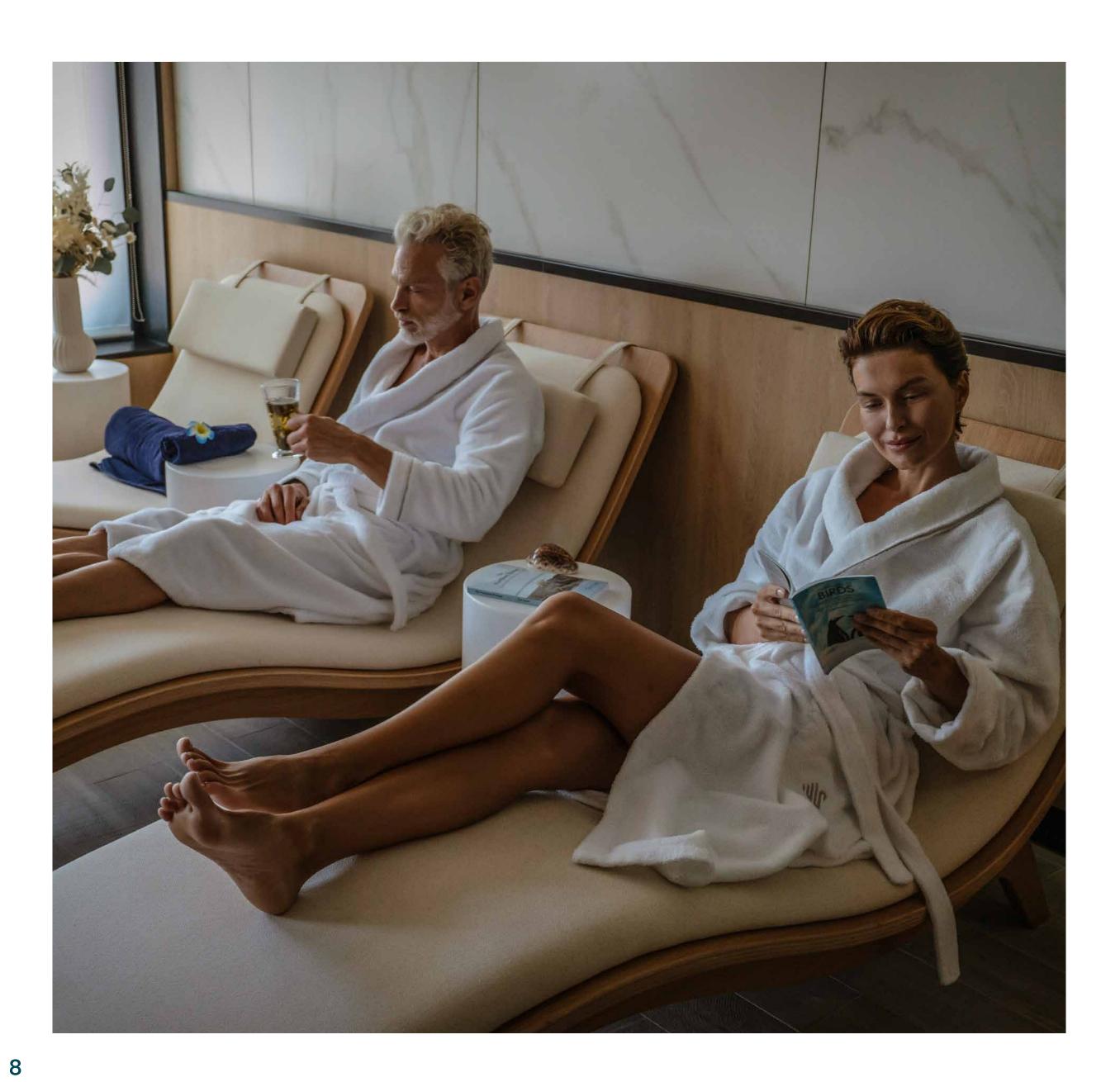


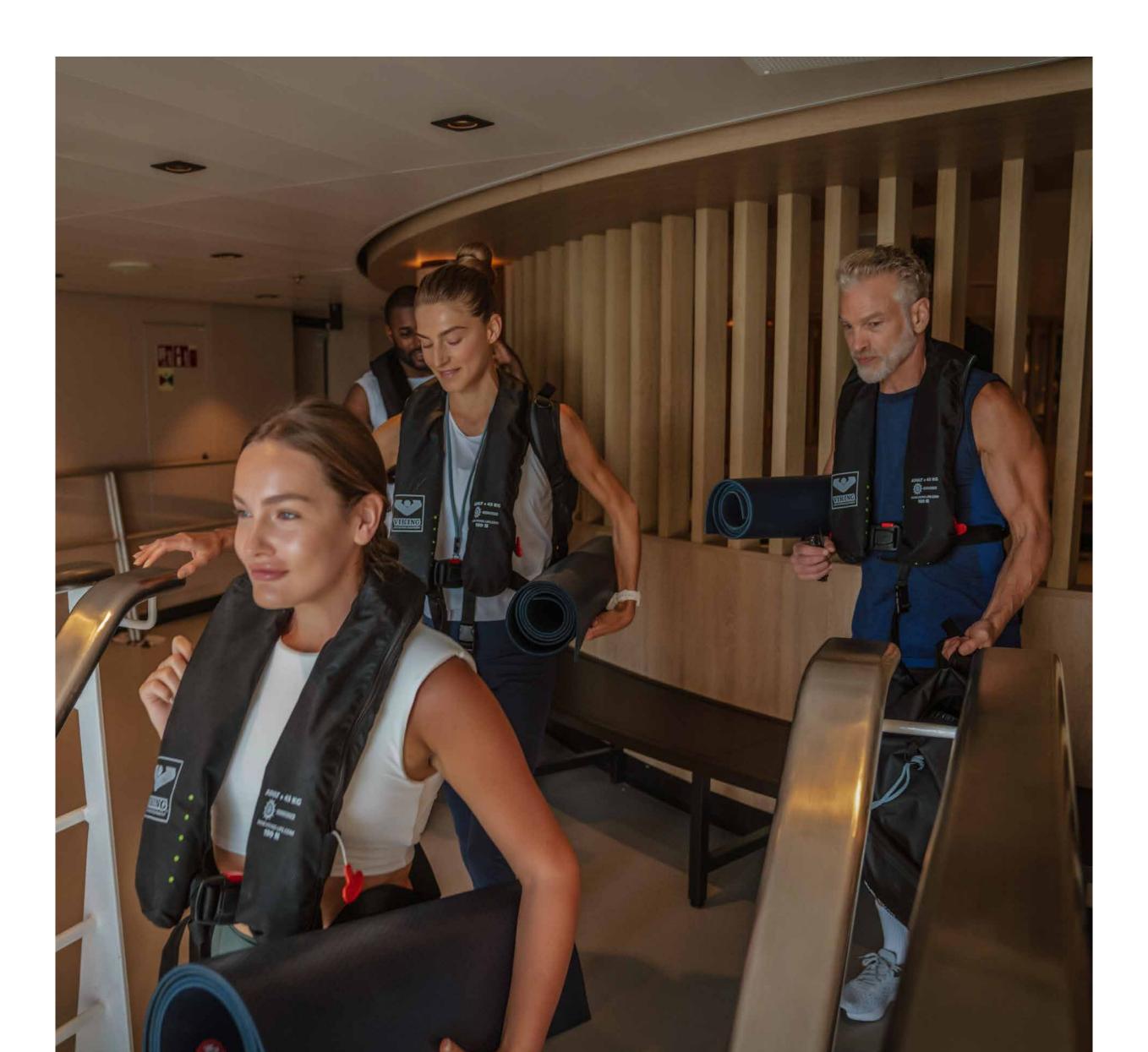
#### Over 70 years of cruise expertise

That's how long we've been navigating the world's waters. Swan Hellenic is built on a passion for exploration, a reputation for safety and professionalism of the highest standard.

#### **Boutique ships**

Just you and nature, that's how you'll feel on our five-star contemporary 'Scandinavian inspired' ships. With openplan design, panoramic views and a focus on wellness, they're the perfect place to relax, recharge and explore.





#### Intuitive service

When it comes to anticipating your needs, no request is too big or too small. To us, personal and unobtrusive service means everything from making sure you're fully equipped for an Antarctic excursion to remembering your favorite gin serve when it comes to pre-dinner drinks.

### Enriching cultural expeditions

Once, we travelled to educate— professors, scientists, researchers. Over the years, we've developed a deep knowledge of the world. Today, we use this knowledge to create immersive cultural experiences that take you to the heart of a place.

A culture of care for people and planet

Swan Hellenic has always been passionate about our planet's rich environmental and cultural heritage. It's in our name and nature, and it's what inspires us to experience the world's wild unspoilt places and explore its rich and diverse cultures, ancient sites and civilizations.

### Proud member of









Association of Arctic Expedition Cruise Operators

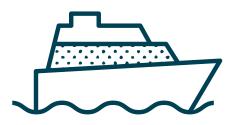




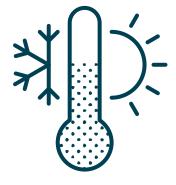
Atacama Desert, Chile

#### Our focus areas

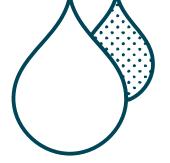
Swan Hellenic's sustainability policies are fully compliant with, and exceed, the cruise industry's global standards governing its safety, environmental and labor aspects. In line with the UN sustainable development goals, we are focusing on the following 6 key areas.



RESPONSIBLE CRUISING



CLIMATE ACTION





LIFE IN THE WATER

LEGACIES OF THE LAND



#### THRIVING COMMUNITIES

#### FIND OUT MORE →





## Exploring with head and heart

When you choose Swan Hellenic to see what others don't—you can be sure you'll do so with a full perspective and real insight into the history, cultures, wildlife, flora, geology and geography of each destination. Briefings before each disembarkation and recaps afterwards supplement our lectures and talks, stimulating a relaxed social environment that encourages the sharing of experiences.





#### Pio XI Glacier, Chile

Anenriched experience

As well as taking you to unusual, off-thebeaten-track destinations, Swan Hellenic offers the company of like-minded people, and acclaimed experts, who give eyeopening lectures, and are on hand to chat throughout your voyage.





## Learn from the best

Renowned in their fields, our friendly experts will enrich your expedition experiences, offering insight into the wildlife, history and geology of the incredible places you visit. The fascinating stories and unmatched knowledge these specialists share will give you a deeper understanding of your discoveries, and make your adventures more meaningful.

#### FIND OUT MORE →

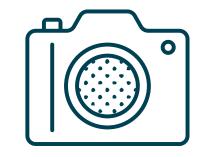




### **Onboard Experts**



#### GEOLOGISTS



#### PHOTOGRAPHERS



#### HISTORIANS





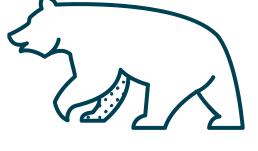
#### ORNITHOLOGISTS





MARINE BIOLOGISTS ASTRONOMERS





#### ACTIVITY LEADERS

NATURALISTS







#### ARCHAEOLOGISTS



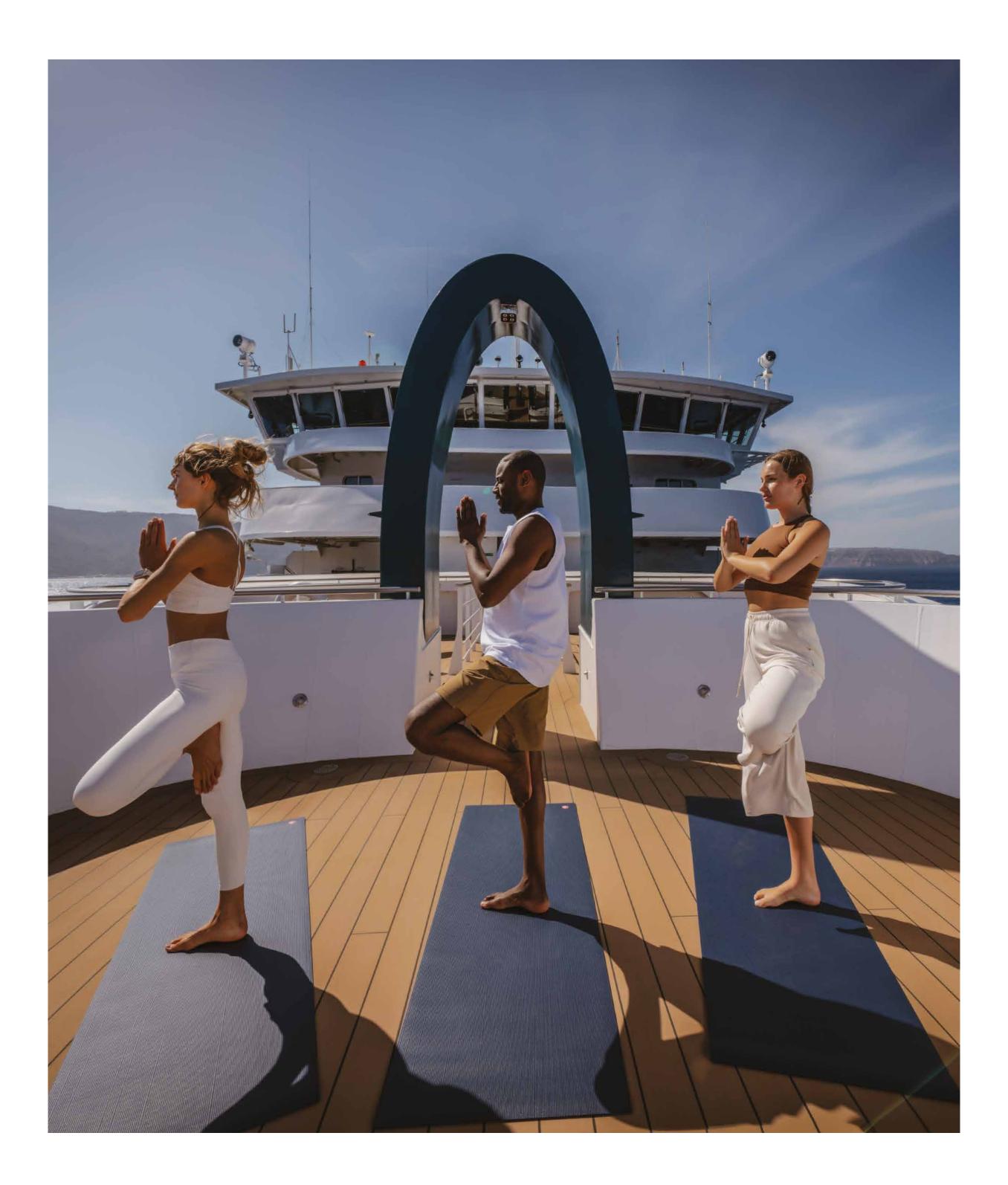
#### Insights from the experts

Guest speakers on selected voyages will talk about their fascinating space and planetary science research.

# Explore your passions

Swan Hellenic is delighted to partner with world-leading pioneers in their fields, to bring you the very best themed sailings, where you can explore your passions and deepen your knowledge of the world around you.





#### A new level of well-being voyages

Swan Hellenic partners with Chopra for Explore & Restore, a transformative well-being program. Inspired by Deepak Chopra's teachings, you'll cultivate a deeper connection with the world around you on awe-inspiring cultural expeditions and return with self-care practices you can integrate into your daily life.

IN PARTNERSHIP WITH



FIND OUT MORE  $\rightarrow$ 



#### An odyssey of gastronomic exploration

MARIS sailings offer unique gastronomic experiences, featuring exclusive access to some of the world's top culinary creators. Guests will get to sample carefully curated menus that reflect the iconic, remote territories we explore. Each MARIS sailing welcomes a world-famous chef onboard, serving an astonishing signature dish each night, building to the extraordinary Gala Dinner.



IN PARTNERSHIP WITH JRE

#### FIND OUT MORE $\rightarrow$





#### Explorations of Earth and beyond

Swan Hellenic proudly partners with the SETI Institute, supporting NASA, NSF, and academia in exploring profound questions. These sailings welcome SETI Institute scientists as guest speakers, providing guests with expert insights into astronomy, astrophysics, astrobiology, and planetary science discoveries. SETI, or 'search for extra-terrestrial intelligence,' focuses on finding life within and beyond our solar system.



#### FIND OUT MORE -



# Extra peace of mind

Our cruise fares include all onboard meals, 24-hour room service, select drinks and more. One shore excursion per port is also included in your price, so you don't have to worry about escalating costs when exploring your incredible surroundings. With all this, all you have to do is relax and concentrate on having a wonderful time.





### What's included

Regional flights for the cruise starting in Ushuaia

Group transfer from the airport to the hotel the day before embarkation, from the hotel to the cruise port on embarkation day and from the cruise port to the airport on disembarkation day

One night pre-cruise accommodation with breakfast in a 4/5-star hotel or on board

Onboard accommodation in a stateroom selected category

All meals on board

#### CRUISE PLUS

Coffee, tea, soft drinks and selected alcoholic beverages available 24-hours per day

Lecture programs by our experienced guest speakers

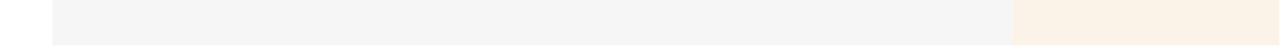
One selected shore excursion per port of call

Standard WiFi

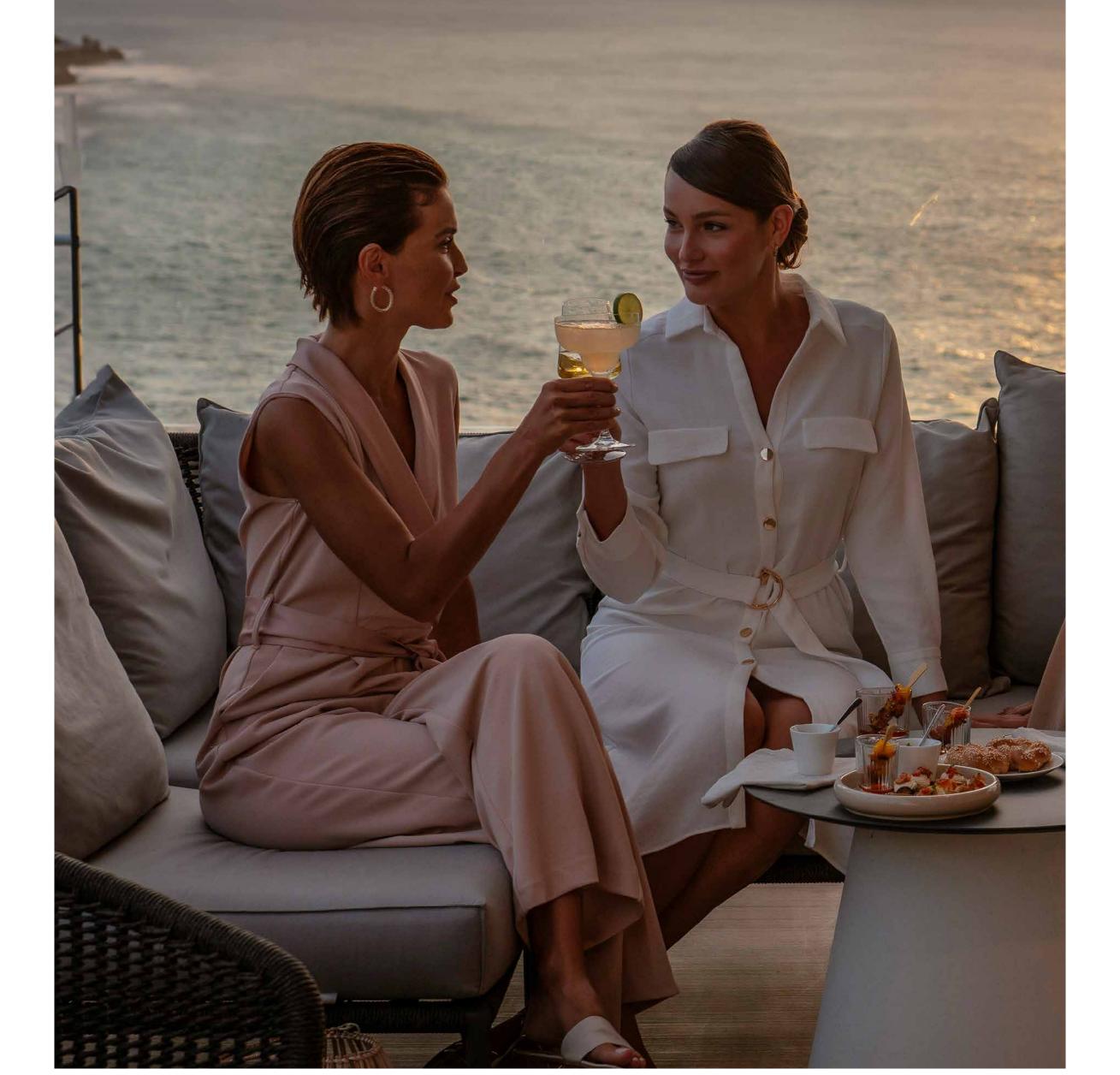
Onboard gratuities & port taxes

Selected expedition activities led by our expedition team

24/7 self service laundry on deck 4







#### Enhance your experience

You also have the option of adding some extra special services to your cultural cruise experience (additional charges apply):

Air fares (unless otherwise stated)

Travel insurance

Optional land programmes and hotel accommodation pre or post cruise

Premium and private shore excursions

Kayak and private Zodiac tours in the expedition areas

Premium alcoholic beverages

Spa & beauty treatments

Laundry services

Retail shop purchases



## Discover the riches of Latin America

Visit Latin America and follow in the footsteps of inspirational explorers. Encounter the most biodiverse regions on the planet teeming with rare wildlife and rarely visited, hard-toreach places. Experience towering snowcapped mountains and white sun-drenched tropical beaches. Discover relics of ancient

#### civilisations and cosmopolitan metropolises full of vibrant cultural hotspots.

#### Go where others can't

We pride ourselves on sailing you to Earth's least explored corners. We were the first cruise ship to land at Playa Quesera in Costa Rica and we travel to many other remote and usual destinations other cruise lines simply can't. If you'd like an off-the-beaten-track adventure, keep an eye out for our 'Rare destinations'.





Torres del Paine, Chile

## Latin America 2025–2026

ITINERARY	SHIP	DEPARTURE PORT → END PORT	DEPART
<b>13-NIGHT</b> Cruise from Argentina to Chile	SH Vega	Ushuaia → Valparaiso	14 Mar 2025 17 Mar 2026
<b>9-NIGHT</b> Cruise from Chile to Peru	SH Vega	Valparaiso → Callao (Lima)	27 Mar 2025 30 Mar 2026
<b>9-NIGHT</b> Wild Wonders: cruise from Peru to Panama	SH Vega	Callao (Lima) → Panama City	5 Apr 2025 8 Apr 2026
<b>7-NIGHT</b> Panama roundtrip cruise	SH Vega	Panama → Panama	14 Apr 2025

<b>9-NIGHT</b> Discover the Panama Canal: cruise from Panama to Belize	SH Vega	Panama → Belize	21 Apr 2025 24 Apr 2026
<b>7-NIGHT</b> Belize roundtrip cruise	SH Vega	Belize → Belize	30 Apr 2025
<b>9-NIGHT</b> West Caribbean cruise	SH Vega	Panama → Fort Lauderdale	7 May 2025 3 May 2026





Atacama Desert, Chile

## Time to share

Our guest lecturers have a wealth of specialist knowledge, which helps you fully embrace the amazing destinations you travel to with Swan Hellenic. Each lecture offers interesting insights into the destinations you're visiting – think history, culture, flora, wildlife – and this really helps you get the most from your time with us.

FIND OUT MORE →



#### Alena Antonova

Alena loves travelling, having visited over 40 countries, and has worked three full seasons in both the Arctic and Antarctic. Alena also teaches our guests yoga.

#### **LEARN FROM ALENA ON:**

- 14 March sailing from Argentina to Chile
- 27 March sailing from **Chile to Peru**
- 5 April sailing from **Peru to Panama**



#### Anya Astafurova

Anya is a marine biologist and guide who travels to the Arctic and Antarctic to take part in citizen science projects. Anya's passion for wildlife started during an expedition to Svalbard in 2015.

#### LEARN FROM ANYA ON:

• 14 March sailing from Argentina to Chile





#### Nick Gan

Nick started his global journey as an outbound tour leader and translator in China. So far, he's covered 90 countries and regions.

#### **LEARN FROM NICK ON:**

- 14 April Panama roundtrip sailing
- 21 April sailing from **Panama to Belize**
- 30 April Belize roundtrip sailing
- 7 May sailing from **Belize to Fort Lauderdale**



#### Mariam Pousa

Mariam, an Argentine Conservator of Cultural Heritage and expert in Nautical Archaeology, holds a Master's in Preservation of Artifacts.

#### LEARN FROM MARIAM ON:

- 14 March sailing from Argentina to Chile
- 27 March sailing from **Chile to Peru**
- 5 April sailing from Peru to Panama
- 14 April Panama roundtrip sailing
- 21 April sailing from Panama to Belize



#### **Richard Simpson**

Richard has instructed and led trekking, mountaineering, mountain biking and skiing groups all over the world.

#### **LEARN FROM RICHARD ON:**

- 27 March sailing from Chile to Peru
- 5 April sailing from **Peru to Panama**



#### Katya Uriupova

A senior fellow at the Arctic Institute, Katya holds a PhD in Environmental Sciences and an MA in International relations.

#### LEARN FROM KATYA ON:

- 14 April Panama roundtrip sailing
- 21 April sailing from Panama to Belize
- 30 April Belize roundtrip sailing
- 7 May sailing from **Belize to Fort Lauderdale**



## Cruise from Argentina to Chile

Set sail for adventure and follow in the wake of Charles Darwin's famous expedition on this breath-taking cruise. Board your boutique expedition ship in Ushuaia, the world's most southerly city. Explore dramatic fjords and outof-this-world scenery as you soak up the pristine wilderness of Patagonia past towering snow-capped mountains and immense, sparkling glaciers.









► SH Vega 🖾 13 nights ⊙ 14 Mar – 27 Mar 2025 17 Mar – 30 Mar 2026

#### DAY VISITING

Ushuaia 2 Garibaldi Glacier 3 At Sea 4 Cruising Angostura Kirke 4,5 Puerto Natales **Cruising Angostura White** 6 7 **Pio XI Glacier Cruising Angostura Inglesa** 8 Tortel 9 At Sea 10 Castro 11 Puerto Montt 12 Niebla Rare Destination 13 At Sea 14 Valparaiso



DRAKE PASSAGE







[<u>]</u>-



AIRPORT/HOTEL



FLIGHT



TRANSFER

CRUISE





CRUISE FROM ARGENTINA TO CHILE

## Unmissables

#### EXPEDITION ACTIVITIES



Kayak



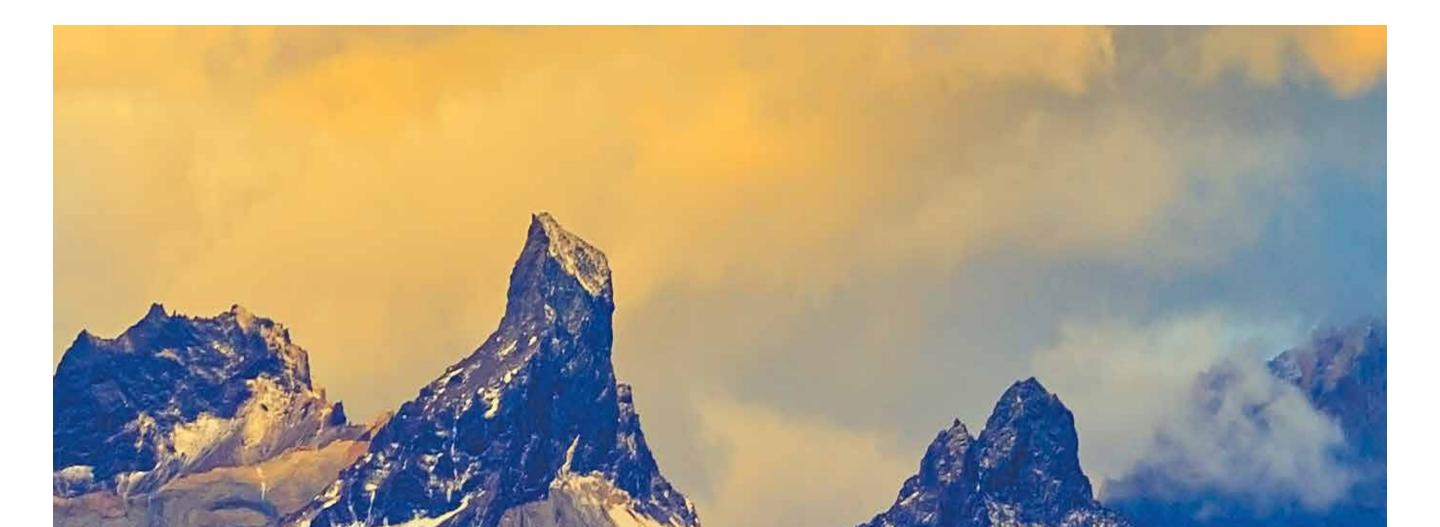
Zodiac cruising



Hiking



Walking Tour





Marvel at natural wonders – including Torres del Paine, Milodon's Cave, Osorno and the Calbuco volcano.





#### USHUAIA TO VALPARAISO



Cruise along the narrow arm of Garibaldi Fjord and marvel at its stunning landscapes.



סהליאוו

CRUISE FROM ARGENTINA TO CHILE

# A selection of curated Onshore Experiences

# OPTIONAL

# **Torres del Paine**

### **Q** Puerto Montt 🕑 Full day

Discover the world-famous Torres del Paine National Park on a guided tour, taking in lakes, rivers, and mountains. Enjoy lunch, surrounded by the Paine Massif mountains.





#### USHUAIA TO VALPARAISO



# Zodiac Cruising with the Expedition Team ♀ Garibaldi Glacier ⓒ Half day

Embark on a mesmerizing Zodiac journey surrounded by awe-inspiring scenery. Get up close to the mouth of the captivating blue glacier and learn about the geology.

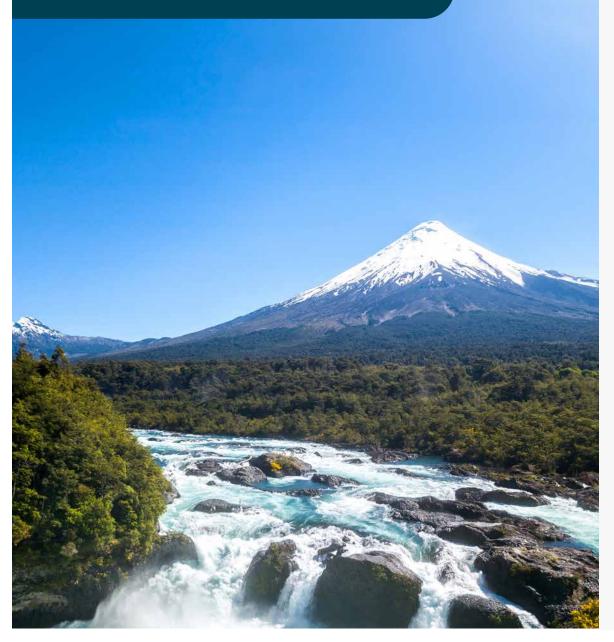
# OPTIONAL



Kayak with Swan Hellenic **Expedition Team** (single outing) ♥ Pio XI Glacier ③ Half day

Encounter the serene beauty of the towering Pio XI glacier on an exclusive and unforgettable kayaking excursion. The ultimate way to explore the wonders of this rare glacier.

## OPTIONAL



# Petrohué rapids & the Chilian Lake District **Q** Puerto Montt 🕑 Full day

Stroll along forest paths and capture unforgettable moments on camera. Learn how the Saltos de Petrohué rapids have taken thousands of years to make striking rock formations.

## BOOK NOW

# Cruise from Chile to Peru

IN PARTNERSHIP WITH **2E** 



Experience the natural wonders of the **Atacama and Paracas Desert cruise** along the arid coastline of Chile and Peru. From the colorful houses of Valparaiso to the driest desert in the world, the Atacama and its otherworldly sand dunes, you'll experience a journey of extremes. Visit uninhabited wildlife havens in wetlands, see prehistoric geoglyph

line drawings in the Paracas desert, and discover world-class coastal towns and bustling cosmopolitan cities.

#### Atacama Desert, Chile







CRUISE FROM CHILE TO PERU

# Unmissables

### GUEST LECTURER





### DANA BACKMAN

Director of the Nasa Astronomy Activation Ambassadors Program



of the most spectacular, must-see destinations of the Atacama Desert.



Discover one of Peru's greatest mysteries as you fly over giant geoglyphs, the Nazca Lines.



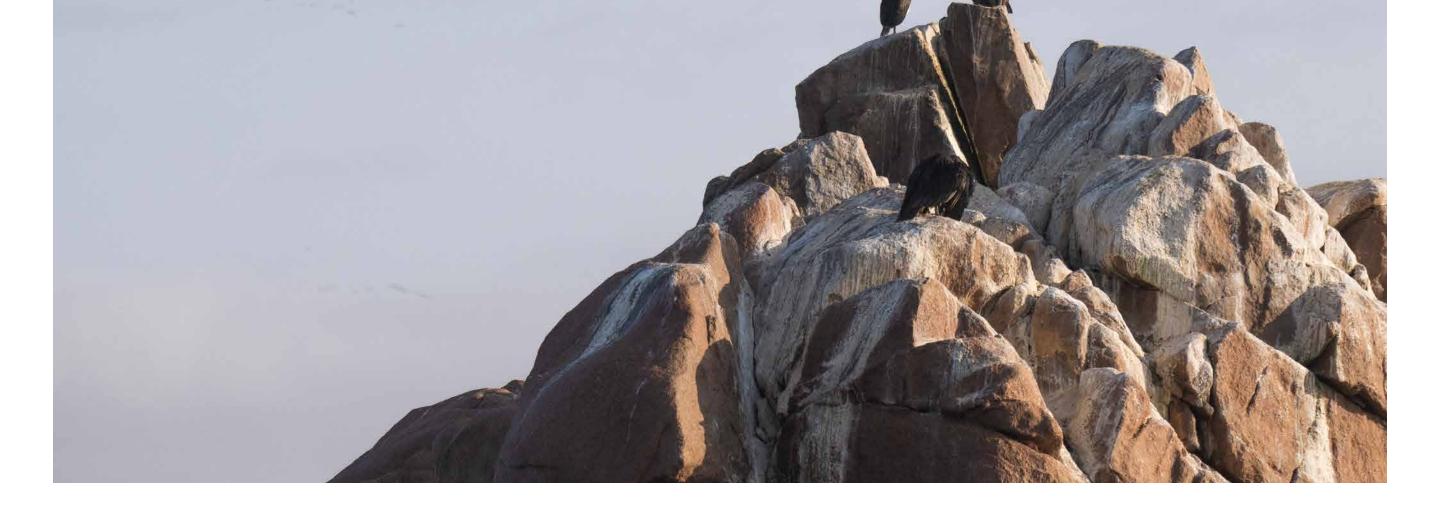


### VALPARAISO TO CALLAO (LIMA)



Dive into history and culture at Arica, where the Chinchorro mummies are recognised as the oldest in the world.

The Ballestas Islands are nicknamed the 'Peruvian Mini Galapagos' and their many caves shelter up to 1,500 species of marine birds.





Explore Peru's white city of Arequipa and it's renowned colonial architectural masterpiece, the Santa Catalina Convent.

PARROBULA DE YA





CRUISE FROM CHILE TO PERU

# A selection of curated Onshore Experiences

#### OPTIONAL

# Flying Over Nazca lines

### **Q** General San Martin 🕑 Half day

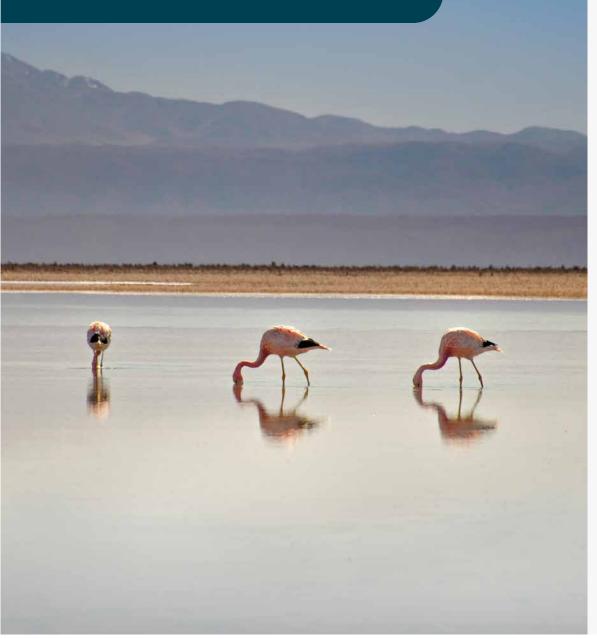
Soar over the Peruvian desert, and witness one of the country's greatest mysteries: the Nazca lines. On this flight, you'll see the geometric designs and animal shapes of these unexplained geoglyphs.





#### VALPARAISO TO CALLAO (LIMA)

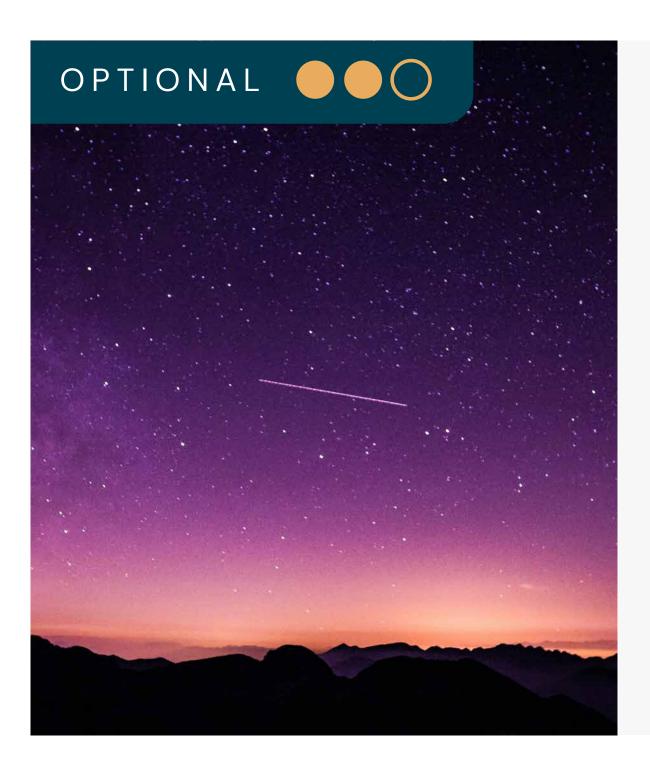
OPTIONAL



# Sight in the Atacama **Desert with Pachamama** Ceremony

## ♥ Antofagasta ③ Full day

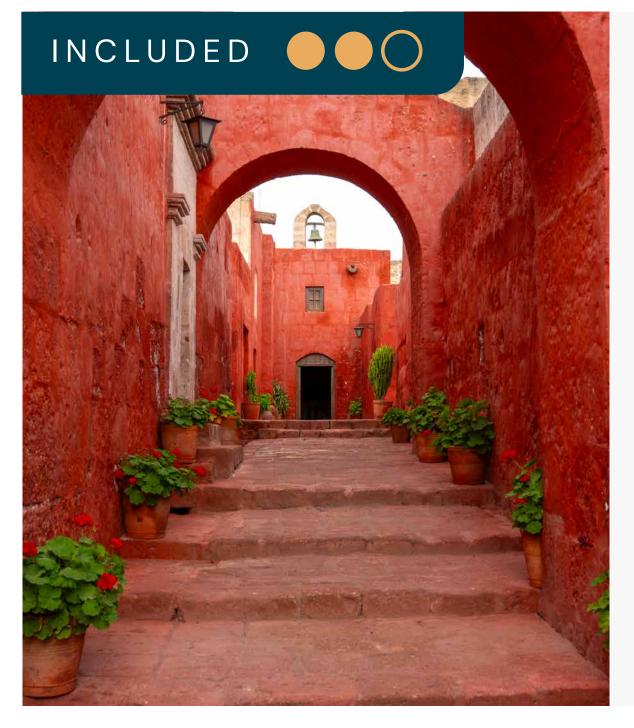
Wander around the charming oasis village of San Pedro de Atacama. Experience the largest salt flat in Chile and observe unusual rock formations and the spellbinding landscape of Valle de la Luna.



# Sunset and Stars

♥ Antofagasta ③ Half day

Take in the sights of the Huanchaca Ruins. Discover the driest place on earth other than the poles. Spot stars in the world's cleanest skies and see the Hand of the Desert sculpture.



# A day exploring Arequipa ♥ Matarani ③ Full day

Admire stunning vistas over the 'White City' before taking a closer look at an architectural landscape that's as unique as it is impressive with its Cathedral, churches and rare treasures.

#### BOOKN OW



TAKE A CLOSER LOOK AT THE BEST OF CHILE

# Mysteries of the Atacama & Nitrate Towns

Set off on a spectacular 2-day adventure from Antofagasta to Iquique. Explore ancient fortresses, ghost towns, and the world's oldest desert. Witness a Pachamama ceremony and marvel at Chile's breathtaking landscapes and clear night skies, offering a truly unforgettable experience.

### UNMISSABLE

- Listen to an engrossing talk by an expert astronomer under thousands of stars at Valley of the Moon.
- Travel back in time as you explore a 12th Century pre-Inca fortress.
- Discover the village of Tulor which offers a glimpse into the lives of its ancient inhabitants.





# **Overland Tour Antofagasta to Iquique**

### 2 days/1 night ③ 30 Mar – 31 Mar 2025

Journey with us inland to San Pedro de Atacama, nestled in the heart of the Atacama Desert. This captivating village, with its adobe houses, is a melting pot of ancestral traditions and modern travellers.

Discover the vibrant handicraft market, stroll through Caracoles, and enjoy a regional lunch before heading to the mesmerizing Valley of the Moon at sunset. Sip fine wine while witnessing an indigenous Pachamama ritual, and end the day stargazing with an astronomer. Spend the night at Desertica Lodge, where comfort meets Atacamenian culture.

The next morning, visit the 12thcentury Pukara de Quitor fortress, followed by the ancient village of Tulor, partially preserved under sand. Explore the Atacama Desert's breathtaking landscapes before arriving at the ghost towns of Santa Laura and Humberstone, both National Monuments. Santa Laura's towering smokestacks and Humberstone's historic structures, including a full-sized iron pool, offer a glimpse into Chile's nitrate industry.

The tour concludes at the port of Iquique.

## PLEASE NOTE

- The number of participants for this overland tour is very limited and places will be confirmed on a first-come, first-served basis. This tour is non-refundable if cancelled within 45 days prior to arrival in the relevant port.
- Drive from Antofagasta to San Pedro takes approximately 5 hrs.
- Drive from Quitor Pukara and Humberstone is 5 hrs and the road can be bumpy. There will be a short mid-way stop for guests' comfort. The trip from Humberstone to Iquique is approximately 1 hour.
- Please bring water, sunscreen, hat and insect repellent.

# Wild Wonders: cruise from Peru to Panama

Set sail to remote and pristine places in Peru, Ecuador, Colombia and Panama on this fascinating cruise and encounter the planet's most diverse wildlife, including bluefooted boobies and Humboldt penguins. Your boutique expedition ship leaves from the port of Callao in Lima, Peru, and sails north along the Pacific Coast. Appreciate the beauty of your surroundings, as you head into the Darien Jungle and meet the indigenous Emberá, the world's most remote people.





# Panama City



- 📥 SH Vega 🛛 🖾 9 nights
- ⊙ 5 Apr 14 Apr 2025 8 Apr – 17 Apr 2026

#### VISITING DAY

- Callao (Lima)
- 2 3 Isla Guanape
- Salaverry
- 4 At Sea
- 5 Puerto Bolivar (Machala)
- 6 Isla de la Plata
  - 7 At Sea
- 8 Utria National Park, Ensenada de Utria
- 9 Darien Jungle, Ensenada de Garachine
- 10 Panama City











#### WILD WONDERS: CRUISE FROM PERU TO PANAMA

# Unmissables

### EXPEDITION ACTIVITIES



Zodiac cruising



### Cultural visit



Snorkeling



Explore the unique Darien Jungle, unparalleled for natural beauty, wildlife and the indigenous Emberà culture.





#### CALLAO (LIMA) TO PANAMA CITY

Take in Moche culture at the ancient citadel of Chan Chan, Sun & Moon Huacas, and El Brujo Archaeological Complex.



Discover the Puyango Petrified Forest with its fossil and geological traces.



Uncover the Isla De La Plata. Known as the 'Little Galapagos', this rugged island is a nature lover's paradise.



WILD WONDERS: CRUISE FROM PERU TO PANAMA

# A selection of curated Onshore Experiences

# OPTIONAL

# El Brujo Archaeological **Complex and Cao Museum**

## Salaverry 🟵 Half day

Visit the fascinating pyramid of El Brujo with its beautiful reliefs and murals of war motifs, divinities, animals, plants, and fishing nets. Meet an ancient tattooed mummy at the Museum of the Lady of Cao.





#### CALLAO (LIMA) TO PANAMA CITY

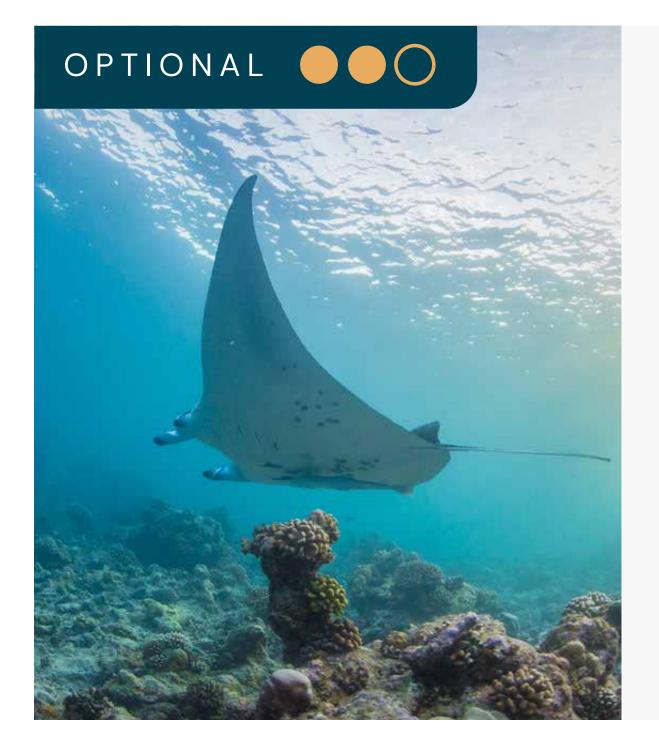
INCLUDED



# Arenillas Dry **Forest Reserve**

## **Q** Puerto Bolivar 🕑 Half day

Be captivated by the Arenillas Reserve, where nature's mastery makes it a truly unique experience in one of the world's biodiversity hot spots. Listen to many different birds singing in this wild tropical forest.



# Snorkeling in Isla De La Plata ♥ Isla de la Plata 𝔅 Half day

Plunge into crystal-clear waters to encounter vibrant marine life and giant corals. Manta Rays glide past, tropical fish dance around and, with a bit of luck, green turtles will appear.

#### OPTIONAL



# Exploring the Natural Wonders of Isla De La Plata

♀ Isla de la Plata ⓒ Half day

Encounter an astonishing variety of marine birds and animals on this uninhabited island. From the island's cliffs overlook pristine waters that attract manta rays, dolphins and migratory humpback whales.

## <u>BOOK NOW</u>

# Panama roundtrip cruise

Explore Costa Rica and its natural wonders. Home to over 500,000 species of plants and animals, you'll discover stunning beaches, lush rainforests and diverse wildlife. Take a boat tour of mangrove forests and swamps, and see monkeys, sloths and toucans in their natural habitat.





### OCEAN

# Panama City roundtrip

► SH Vega 🖾 7 nights

⊙ 14 Apr – 21 Apr 2025

#### VISITING DAY

- Panama City
- 2 3 At Sea
- Quepos
- 4 Curu Wildlife Refuge
  - & Playa Quesera Rare Destination
- 5 Golfito
- 6 Cebaco Island
- 7 Darien National Park & Playa Muerto
- 8 Panama City





CRUISE







#### PANAMA ROUNDTRIP CRUISE

# Unmissables

## EXPEDITION ACTIVITIES



Zodiac cruising



Cultural visit



Snorkeling



Kayak



Walking tour

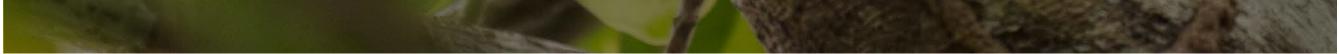


Hiking





Explore lush tropical forests, mangroves, and grasslands while encountering capuchin, spider, and howler monkeys in Curu Wildlife Refuge.





#### PANAMA CITY ROUNDTRIP

2

Cebaco Island: A hidden gem in the Gulf of Montijo, Cebaco Island offers untouched beaches, crystal-clear waters.

Darien National Park, a UNESCO World Heritage Site, is a pristine wilderness in Panama where the indigenous Embera and Guna peoples still live a traditional life.





PANAMA ROUNDTRIP CRUISE

# A selection of curated

# Onshore Experiences

#### OPTIONAL

# Skywalk in the Forest & **Crocodile Safari**

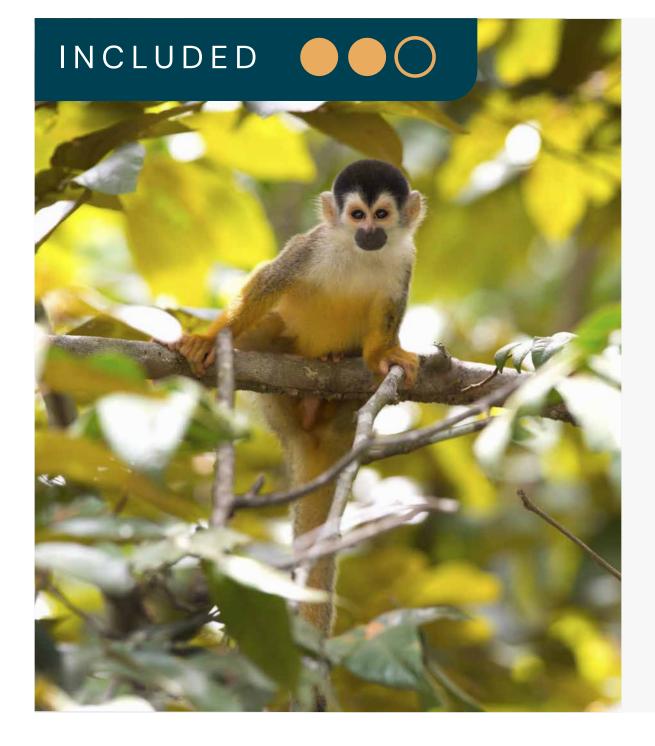
## Quepos S Full day

Take a walk 126 feet above the ground with unprecedented views over the rainforest treetops. Explore the Tarcoles River; home to marshlands, mangroves and one of the largest crocodile colonies.



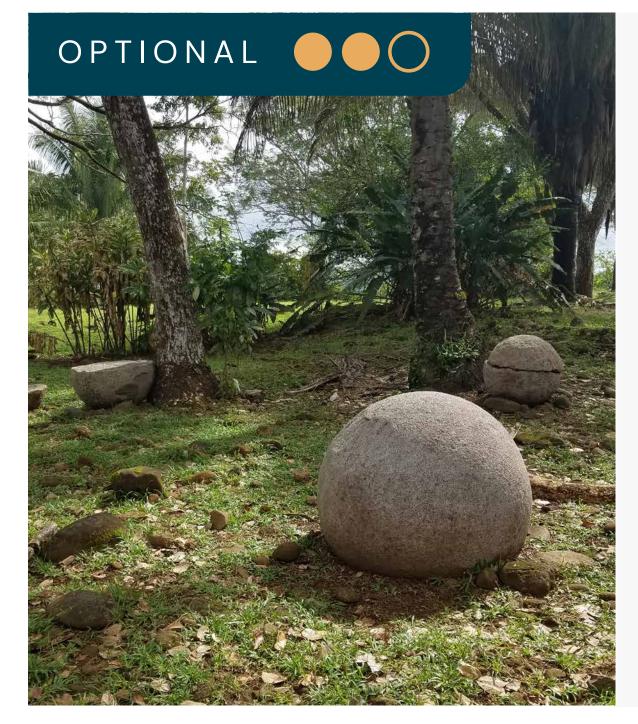


#### PANAMA CITY ROUNDTRIP



# Nature Walk at the Wildlife Refuge **Q** Curu Wildlife Refuge ⊙ Half day

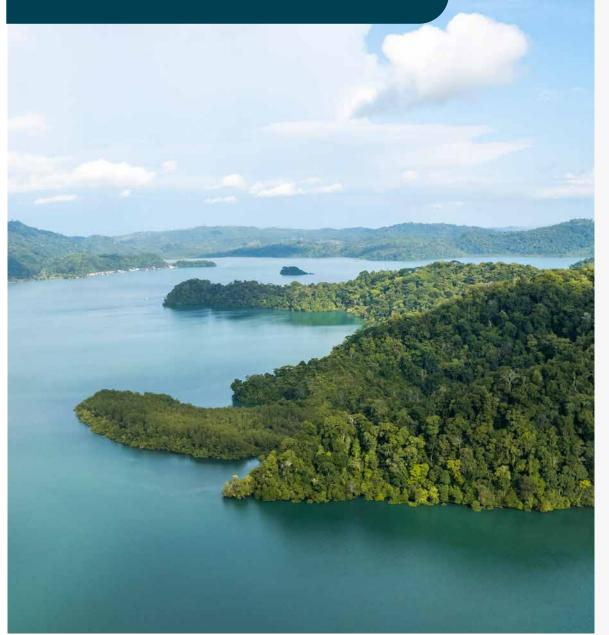
Discover up to 200 species of birds, capuchin and howler monkeys, lizards and spiders at Costa Rica's first private National Wildlife Refuge. It's managed sustainably for local employment and protects local habitats.



# **Pre-Columbian Stone** Spheres at a UNESCO site ♥ Golfito ⓒ Full day

Visit Finca 6, a UNESCO World Heritage Site and home to unique stone spheres from the Pre-Columbian period. Local lore tells that these spheres were the playthings of the gods on controlling the weather.

### OPTIONAL



# Ocean Kayak Adventure ♀ Golfito ⓒ Half day

Combine nature and adventure while you paddle through Golfito's main bay and mangroves estuary. Keep your eyes peeled for local wildlife like pelicans, herons, ibises and bottle-nosed dolphins.

## BOOK NOW

# Discover the Panama Canal: cruise from Panama to Belize

Explore natural wonders like the Mesoamerican Barrier Reef and cruise the Panama Canal – a wonder of engineering. Immerse yourself in cultural richness and untouched archipelagos. Walk with history through Mayan temples to discover ancient civilisations. From remote UNESCO

World Heritage sites with tropical birds in their thousands to breathtaking underwater worlds teeming with fish, this adventure is for those who want to discover the least discovered.

#### Sloth, Bocas del Toro



# Belize City

SH Vega 9 nights
 21 Apr - 30 Apr 2025
 24 Apr - 3 May 2026

## DAY VISITING

1	Panama City
2	Cruising Panama Canal
3	Bocas del Toro
4	San Andrés Island
5	Providencia Island
6	At Sea
7	Roatan Island, French Cay
8	Placencia
9	Half Moon Caye
10	

10 Belize City





TRANSFER AIRPORT/HOTEL

**1-NIGHT PRE- TRANSFER CRUISE STAY** HOTEL/PORT







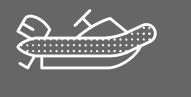
#### CRUISE FROM PANAMA TO BELIZE

# Unmissables

### EXPEDITION ACTIVITIES



Kayak



Zodiac cruising



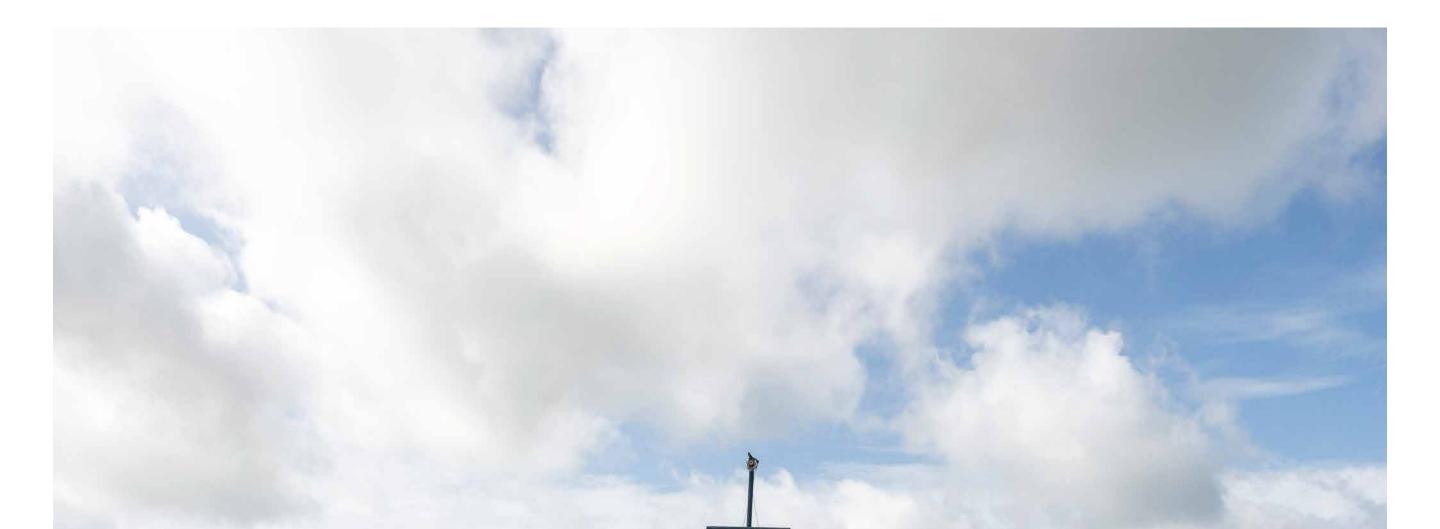
Hiking



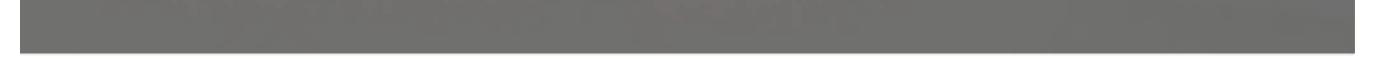
Snorkelling



Walking Tour



Experience the awe-inspiring journey through the iconic Panama Canal, a marvel of human ingenuity.





#### PANAMA CITY TO BELIZE CITY

Stroll through the charming village of Placencia, then unwind on its pristine beaches. Dive into crystal–clear waters to explore vibrant coral reefs and enjoy unforgettable snorkeling adventures.



Visit Half Moon Caye, a UNESCO World Heritage Site, that's home to a stunning bird sanctuary.





CRUISE FROM PANAMA TO BELIZE

# A selection of curated Onshore Experiences

# Crab Cay: A Tiny **Caribbean Paradise**

## **Providencia Island** S Half day

Explore the spectacular coastline of the tiny island of Santa Catalina, with stunning views, swimming and snorkeling. This tour includes a motorboat tour to Morgan's Head, where sparkling turquoise waters are perfect for beginners.





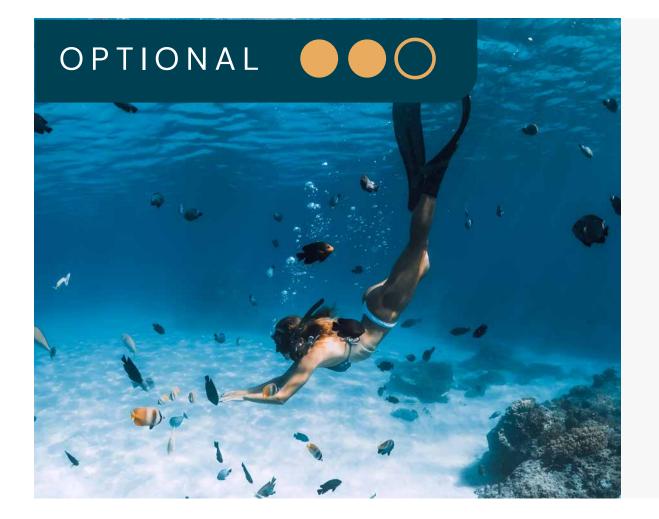
OPTIONAL

#### PANAMA CITY TO BELIZE CITY



# Taste of San Andrés San Andrés Island 🕑 Half day

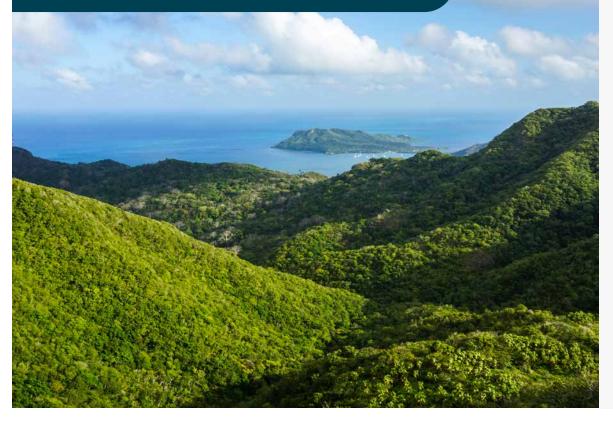
Local guides share their knowledge about the fascinating history of this island paradise delving into its culture and traditions through architecture, agriculture and lively music.



# **Snorkel San Andrés** San Andrés Island 🕑 Half day

Unforgettable moments await as you snorkel in the pristine waters of San Andrés, full of spectacular corals, beautiful rock formations and vibrant tropical fish. Beginners welcome.





# Hike to the peak of Providence

### ♥ Providencia Island ☺ Full day

An unrivalled opportunity to see the island's diverse flora and fauna as you climb to the top of the peak, for one of the most stunning panoramic views in the Caribbean.



# Nim Li Punit ruins & spice farm **Q** Placencia S Full day

An adventure packed with Mayan history and spices. Visit ancient temples at Nim Li Punit before learning how a wide range of spices are cultivated.

## <u>BOOK NOW</u>



# Belize roundtrip cruise

This is a journey where ancient Mayan secrets reveal themselves to you, jaguars roam lush rainforests and vast coral reefs are bustling metropolises full of marine life. Plunge into Belize's extraordinary Blue Hole, spot red-footed boobies in their natural habitat and let the Garífuna people welcome you to their community with song and dance. From untouched wilderness to captivating cities, each destination offers you untold riches and a wealth of priceless memories.



#### The Great Blue Hole, Belize



# roundtrip

SH Vega 30 Apr - 7 May 2025

## DAY VISITING

- 1 Belize City
- 2 Belize City
- 3 Guanaja Island Rare Destination
- 4 Roatan Island, French Cay Rare Destination
- 5 Santo Tomas de Castilla
  - 6 Placencia
- 7 Half Moon Caye
- 8 Belize City













#### BELIZE ROUNDTRIP

# Unmissables

### EXPEDITION ACTIVITIES



Kayak



Zodiac cruising



Hiking



Snorkelling



Walking Tour



Guatemala's gateway is a cultural tapestry waiting to be explored with majestic Mayan temples and colorful markets.





#### BELIZE CITY ROUNDTRIP



Half Moon Caye is famous for its red-footed booby colony and world-class diving spots at the Great Blue Hole.

M



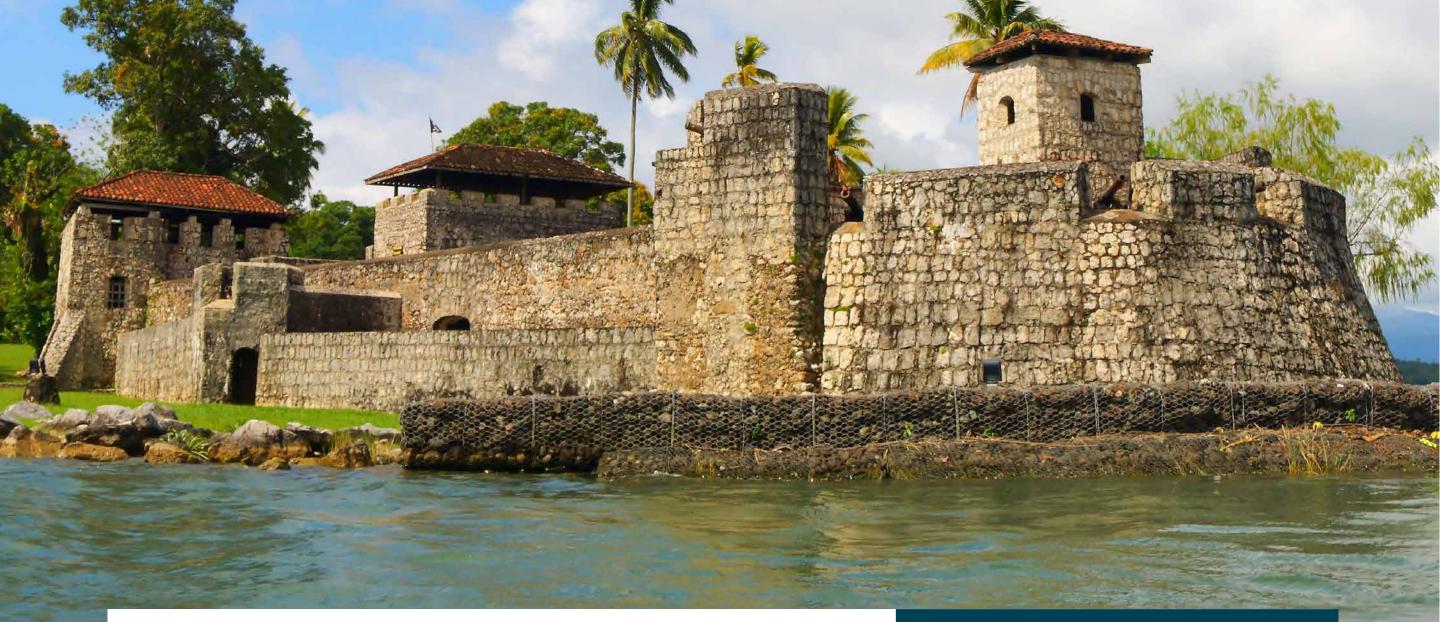
Discover the unspoiled island of Guanaja that's a paradise for snorkeling enthusiasts.





**BELIZE ROUNDTRIP** 

# A selection of curated Onshore Experiences



# OPTIONAL

# Hacienda Tijax Nature Hike

### Santo Tomás de Castilla 🟵 Full day

Travel along the river to Rio Dulce, one of the most important ecological reserves, for an unforgettable hike through the jungle in the Hacienda Tijax Nature Reserve, a forestry project with miles of trails, water springs and pools.





#### BELIZE CITY ROUNDTRIP

INCLUDED



# Altun Ha Maya ruins **Q** Belize **(b)** Half day

Explore the ceremonial site of the ancient Maya, where Belize's famous Jade Head was discovered – with spectacular countryside views.



# Island tour by Boat and Snorkelling

## ♥ Guanaja Island ③ Half day

Set sail on an extraordinary adventure from the beautiful shores of Guanaja. Our exclusive island tour by boat offers a perfect blend of exploration, relaxation, and underwater.





# **Relax at Beach** ♥ French Cay ☺ Half day

Unwind at the serene Big French Key Beach Club, where crystalclear waters offer a tranquil escape. Enjoy a refreshing swim or float at your leisure, immersing yourself in the secluded beauty of this pristine haven.



# **Barrier reef snorkel** adventure

♥ Placencia ③ Half day

An exhilarating snorkel adventure. View a kaleidoscope of vibrant reef fish, magnificent coral formations, and delicate sea anemones.

## BOOK NOW



# West Caribbean cruise

Explore the old pirate den of Nassau, now thriving with modern art and culture. Take magical journeys into underwater worlds full of rare corals and a myriad of marine life. Discover a deeper level of relaxation on awardwinning Caribbean beaches and lush rainforests surrounded by nature. Take a closer look at the Western Caribbean and it won't be long before you're captivated by its irresistible allure.



#### The blue iguana, Grand Cayman



### Fort Lauderdale

SH Vega 9 nights
7 May - 16 May 2025

3 May – 12 May 2026

#### DAY VISITING

- 1 Belize City
- 2 At Sea
- 3 George Town, Grand Cayman
- 4 Montego Bay
- 5 Port Antonio
- 6 Great Inagua Island, Man of War Bay
  - 7 Long Island, Clarence Town
  - 8 Exuma Island, Staniel Cay
  - 9 Nassau
  - 10 Fort Lauderdale, FL







**1-NIGHT PRE- TRANSFER CRUISE STAY** HOTEL/PORT







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#### WESTERN CARIBBEAN CRUISE

## Unmissables

#### EXPEDITION ACTIVITIES



Kayak



Zodiac cruising



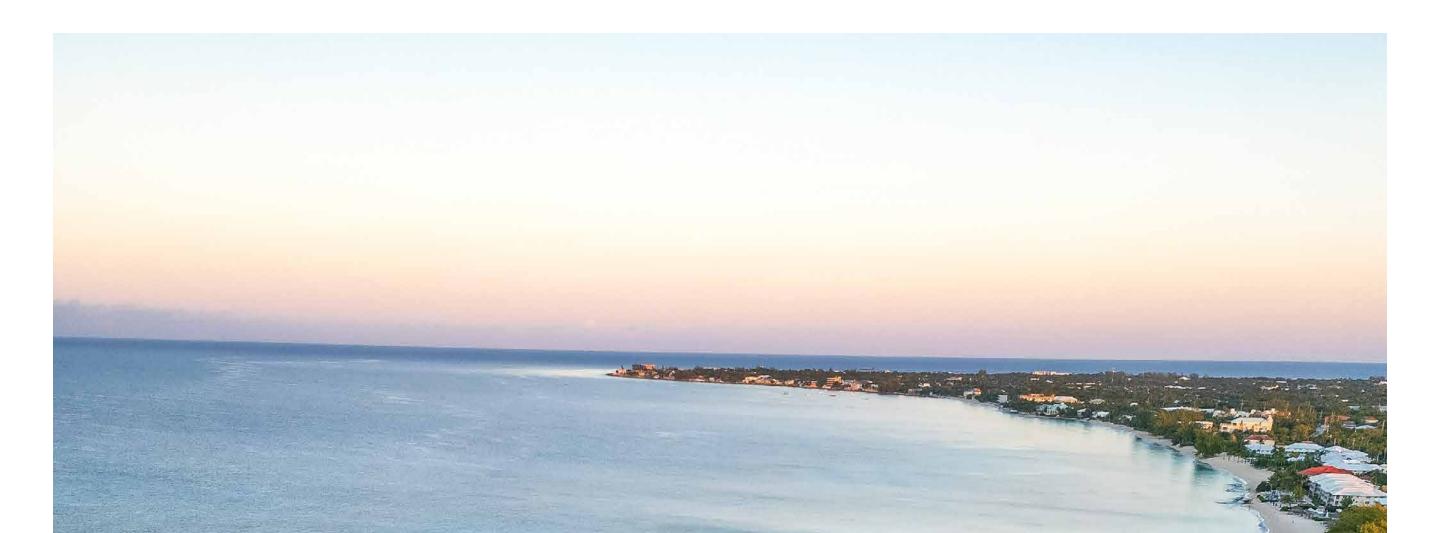
Hiking



Snorkelling



Walking Tour





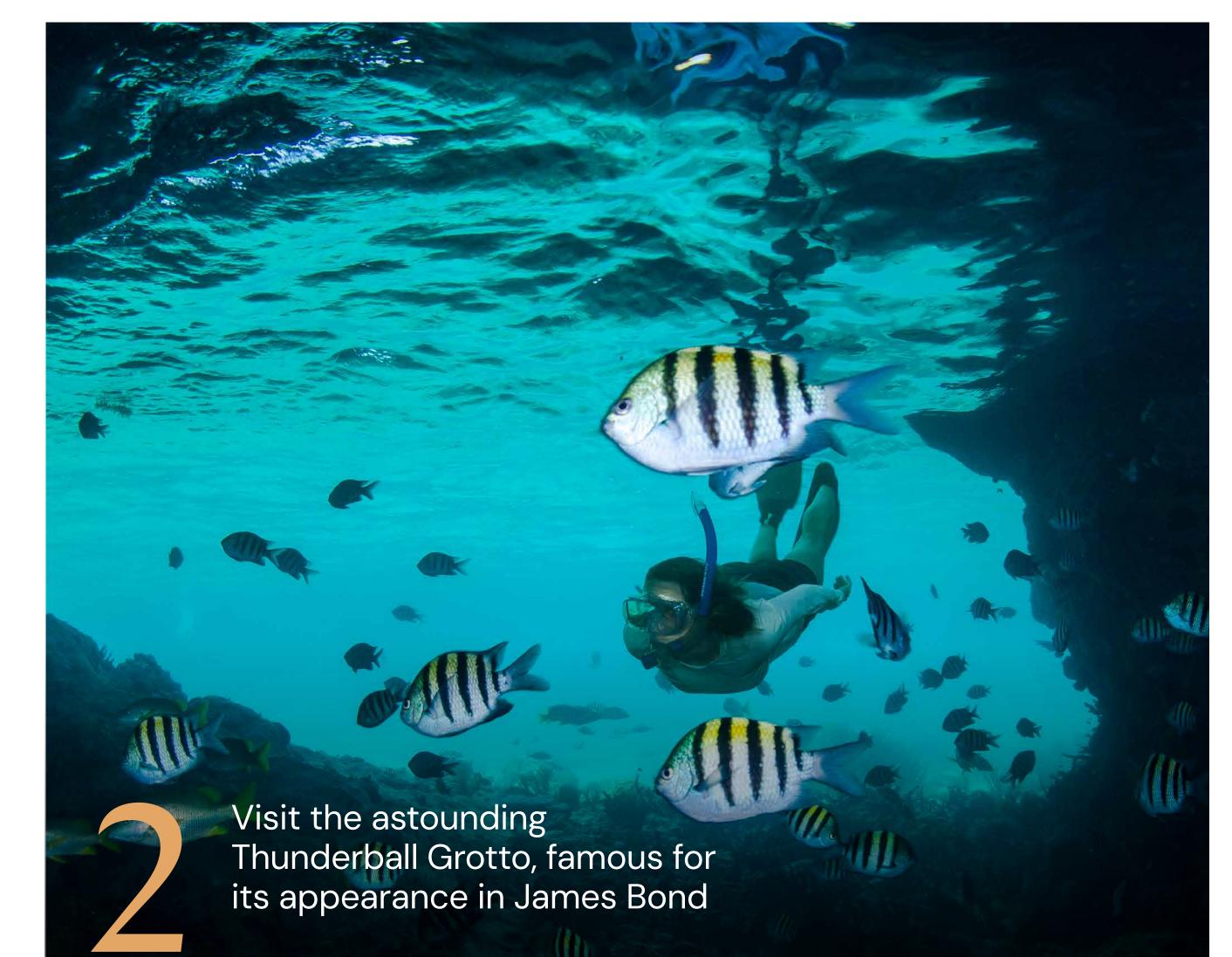
Belize City, Grand Cayman and Nassau offer a perfect mix of adventure, relaxation, and exploration



#### 74

+

#### BELIZE CITY TO FORT LAUDERDALE



The Blue Hole, one of the world's most iconic natural wonders, will leave you in awe with its striking beauty and mesmerizing deep blue waters.



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WESTERN CARIBBEAN CRUISE

## A selection of curated Onshore Experiences



#### INCLUDED

#### **Stingray Swim**

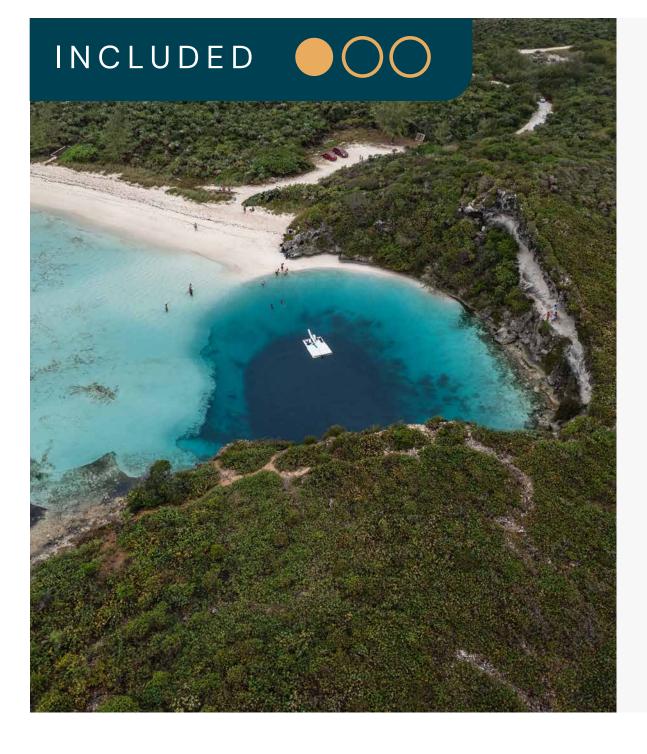
#### George Town, Grand Cayman 🟵 Half day

Go for a swim in waist-deep water and discover friendly white southern stingrays. These gentle giants are so used to people, that they will allow you to feed, play and take pictures with them.





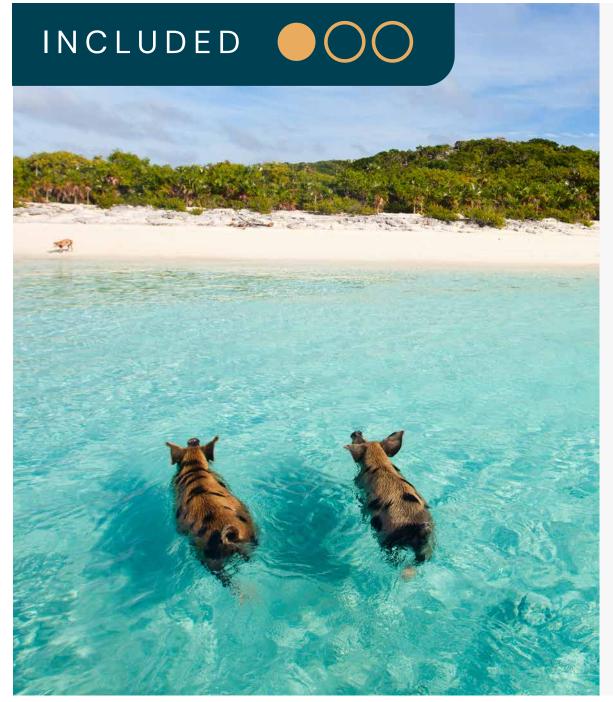
#### BELIZE CITY TO FORT LAUDERDALE



### Blue Hole discovery

#### **Q** Long Island, Clarence Town ⊙ Half day

This is a journey into a magical underwater world. As you explore the depths, you'll be surrounded by stunning shades of blue water and captivated by the diverse marine life and spectacular coral formations.



#### **Pig Beach Q** Exuma Island, Staniel Cay ⊙ Half day

As you approach the beach, you're greeted by the sight of the famous pigs that love to swim in the ocean. Enjoy their charming antics as you feed them. Every moment with these gorgeous creatures is a great photo opportunity!

#### INCLUDED



#### Snorkeling with the expedition team

• Man of War Bay 🕑 Half day

Our experienced team will take you to the best spots for snorkeling, so you'll encounter colorful coral reefs and a huge array of marine life. The tranquil and unspoiled beauty of Man of War Bay makes it a must-visit destination.

#### <u>BOOK NOW</u>

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# A new class of exploration

Immerse yourself in breathtaking panoramic views, elegant interiors,

and sophisticated onboard facilities.

Our fleet of five-star boutique ships— SH Minerva, SH Vega and SH Diana have taken expedition cruising to new heights. Built in the Helsinki Shipyard in Finland, these ships combine the latest in expedition technology with stylish, sophisticated design.







## Boutique cruising at its finest

Our three sister ships are designed to navigate the most inspiring, inaccessible places on Earth. All the while offering guests an immersive, five-star experience.

The interiors are spacious and tasteful, with plush furnishing and floor-to-ceiling windows that give you unobstructed views of some of the most incredible landscapes in the world.







## Dining A Taste of Adventure

No matter the time or day, our dining venues have exquisite cuisine waiting just for you. Your unique culinary experiences are skilfully designed and prepared by top chefs, and delivered with excellent personal service.





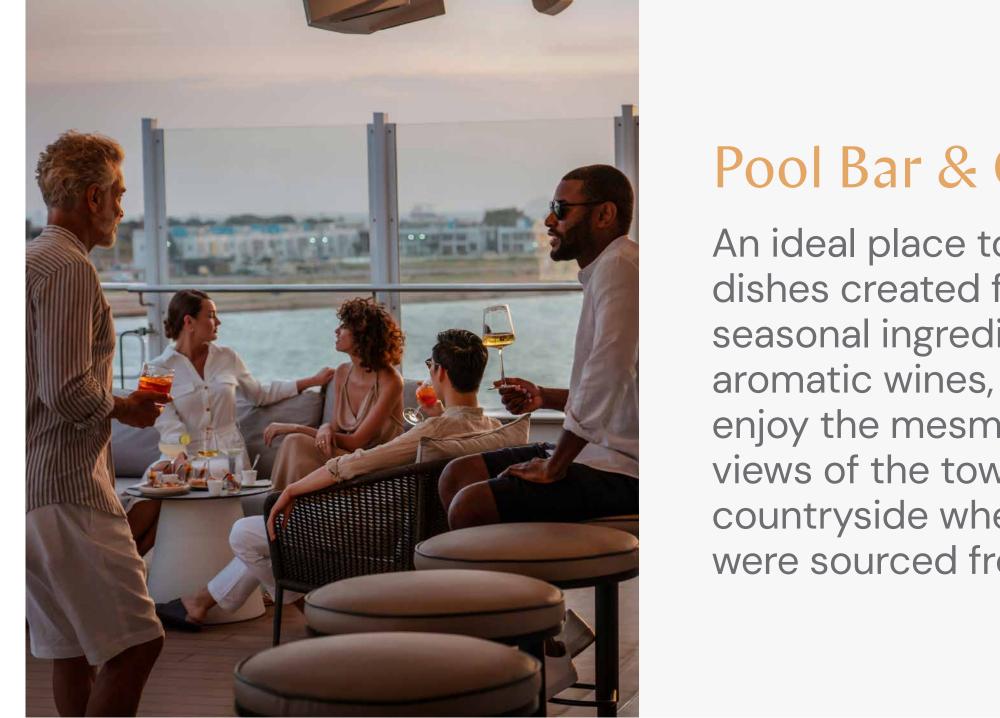
#### Swan Restaurant

The main venue for breakfast, lunch and dinner, the Swan Restaurant serves international cuisine focused on quality regional ingredients from the unique destinations we visit.



#### Club Lounge

Vibrant and welcoming, the Club Lounge acts as a hub, serving Afternoon Tea or 24-hour tapasinspired dining, paired with panoramic ocean views.



#### **Pool Bar & Grill**

An ideal place to explore dishes created from local, seasonal ingredients, and aromatic wines, as you enjoy the mesmerising views of the towns and countryside where they were sourced from.



## Health & Wellness Mind & Body

Our ships off a range of indulgent facilities to provide you with the ultimate in relaxation and rejuvenation on your excursion cruise.





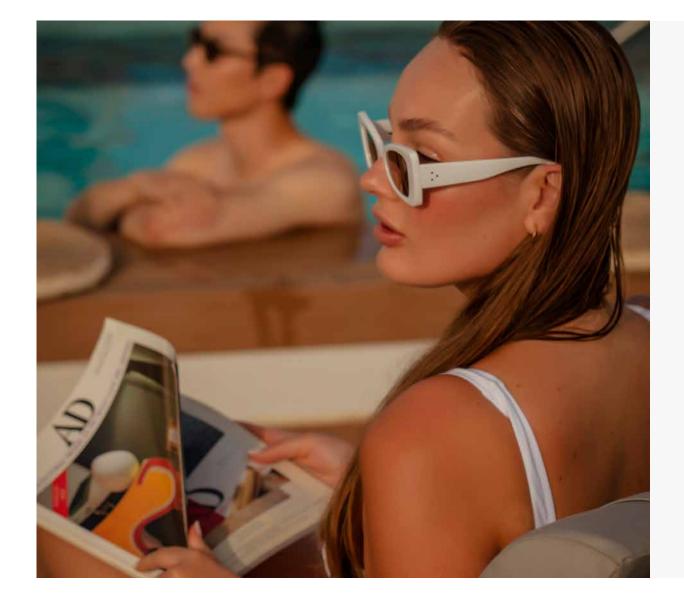
#### SPA & Beauty Salon

Relax with beauty and wellness treatments at our Balinese spa, or enjoy a meditative moment in our stunning sauna as the perfect end to an active day.



#### Gym

Our state-of-the-art gym has everything you need, plus instructorled classes and personal trainers, offering resistance training, Pilates, yoga and meditation.



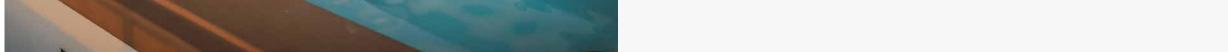
#### **Heated Pool**

Unwind in our heated infinity pool after a busy day, and truly immerse yourself in the inspiring scenery.



#### Open Deck Jacuzzi

Enjoy breathtaking vistas with a refreshing dip in our outdoor tub after a relaxing massage or sauna.



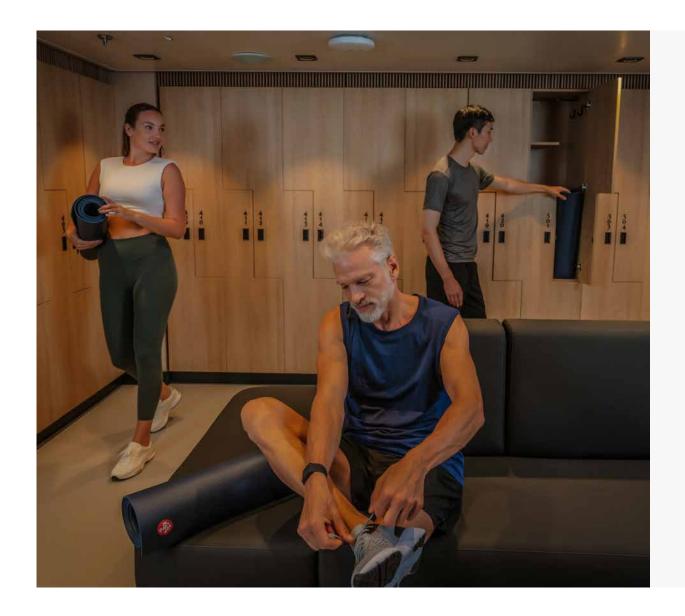


## Discovery A World of Discoveries

Our ships offer a variety of relaxing and rejuvenating spaces where you can engage with your environment.

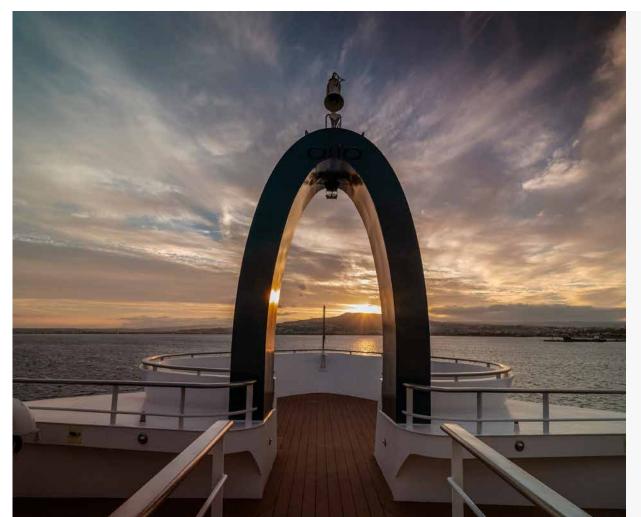






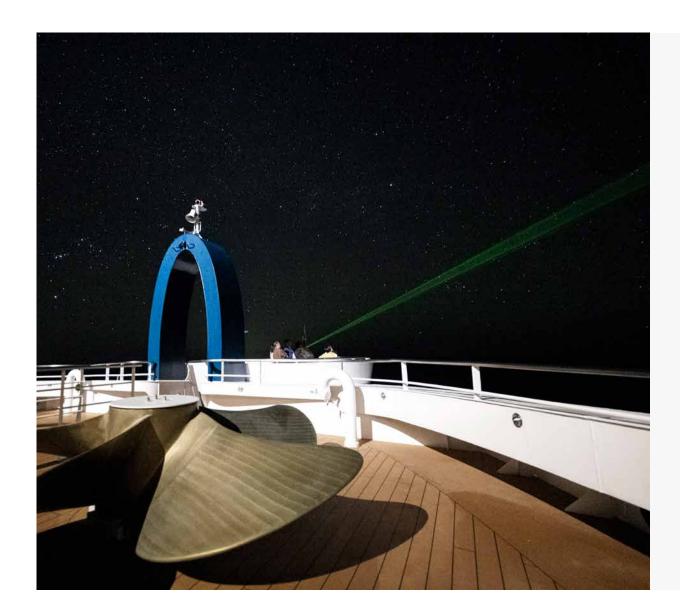
#### Basecamp

The perfect place to start and finish every excursion. Relax and share your impressions with fellow travellers over a warming cup of coffee.



#### Swan's Nest

Utterly unforgettable panoramic views. The perfect place to soak in the scenery and take inspiring shots of the everchanging landscapes on your voyage of discovery.



#### Stargazing Deck

Spend time on the open deck, a once-in-alifetime opportunity to observe your stunning surroundings up close.



#### Zodiac

Our fantastic expedition team lead you aboard our Zodiac boats on a variety of incredible shore excursions. Travel to remote landing sites or pass through narrow out of reach areas.

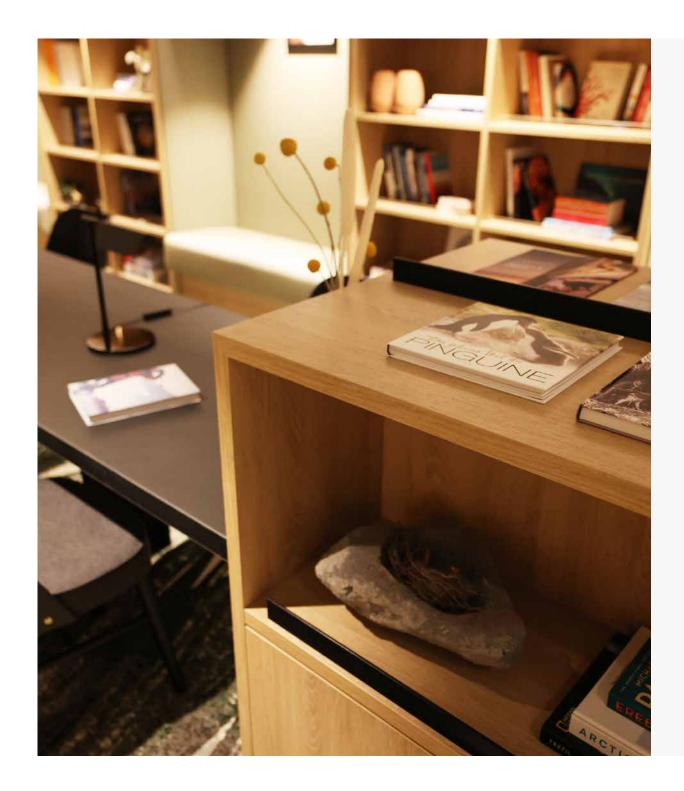


#### Enrichment

## Engage, Learn, Discover

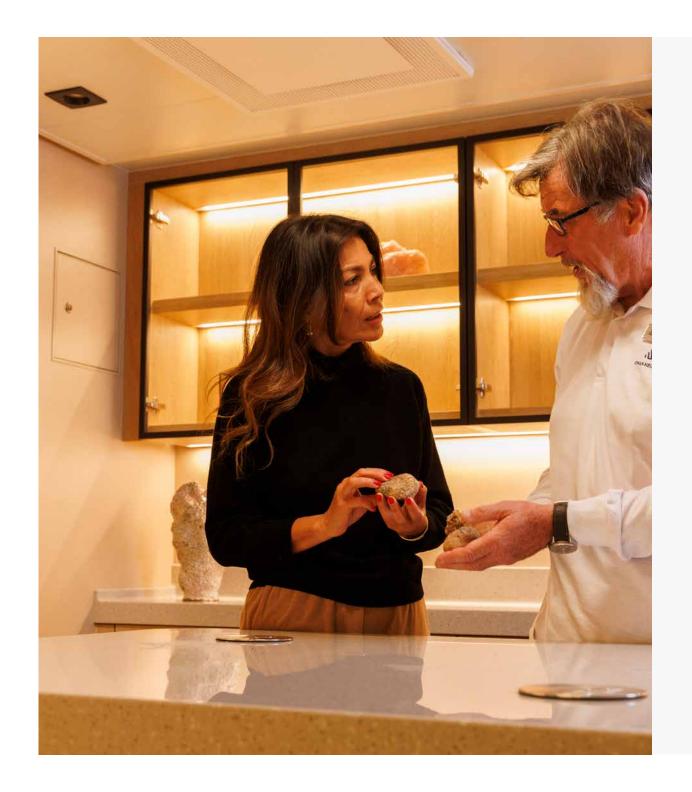
We offer plenty of opportunities to investigate the wonders of the natural world, in spaces which help make your voyage with us truly unforgettable.





#### Library

Explore our large section of literature on topics from history and geography to biology and astrophysics. You'll also find photo books and rate and valuable publications.



#### Laboratory

Join our team of students and researchers, continuing your expedition adventures on board, and contribute to the exploration of our oceans.



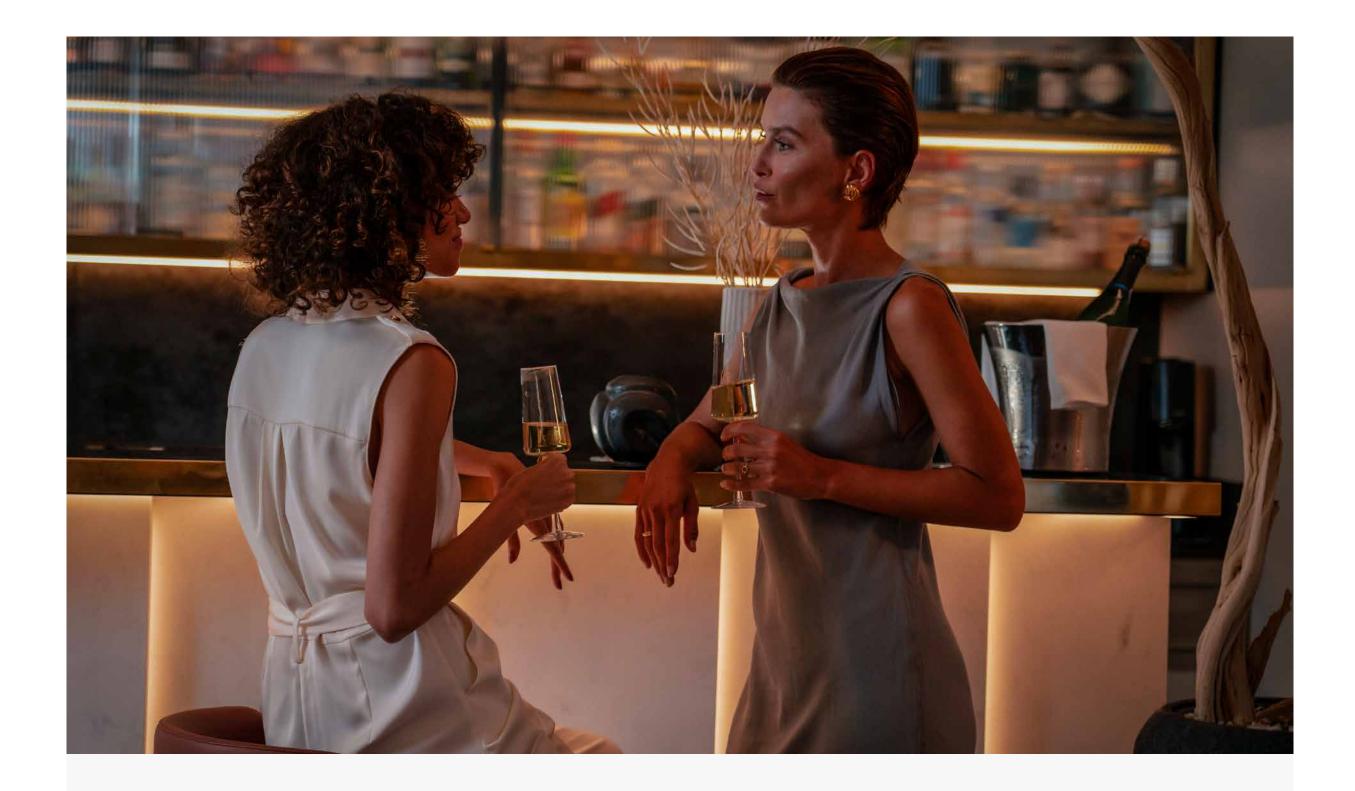


#### Venues

## Peaceful Retreats

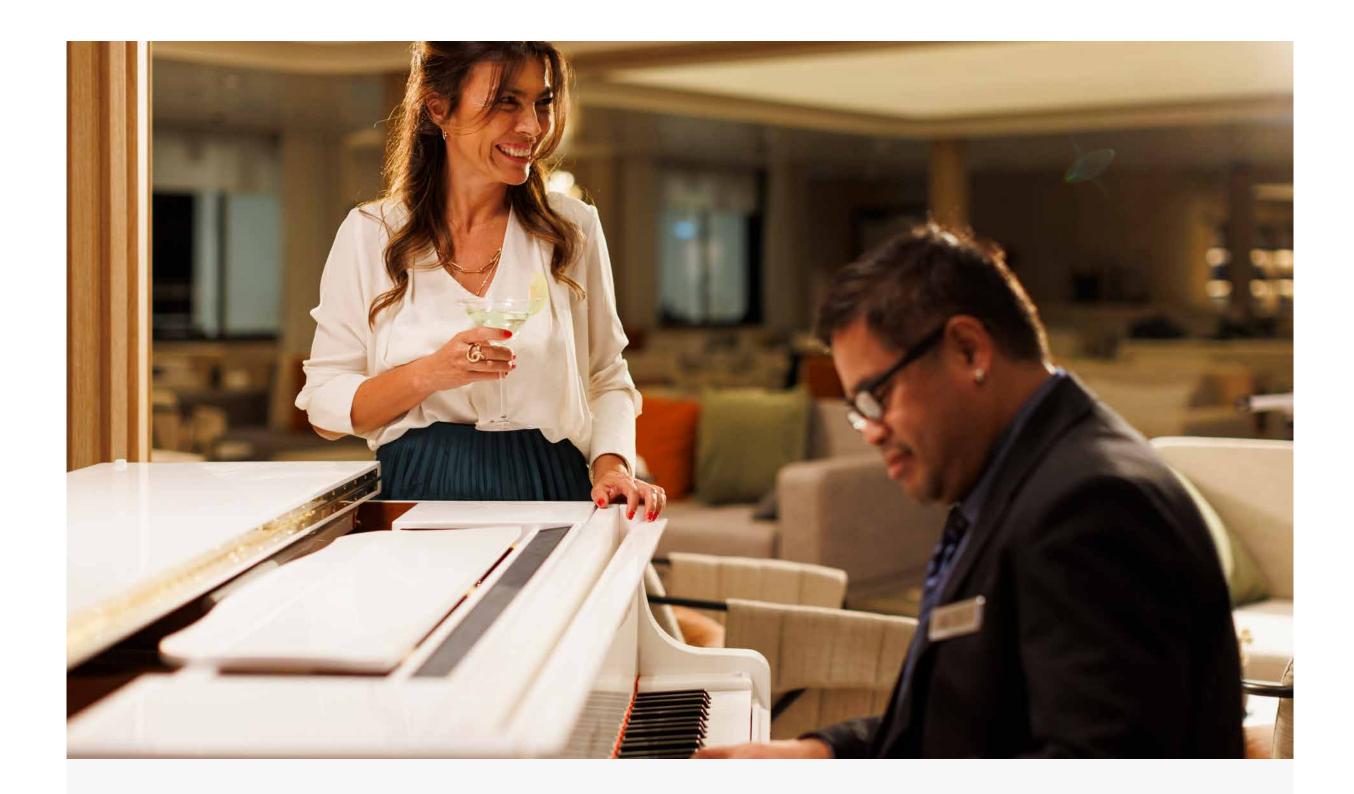
Unwind at the end of a long day in inviting spaces. Our bespoke interiors are spacious and tasteful, with plush furnishings and floor-to-ceiling windows.





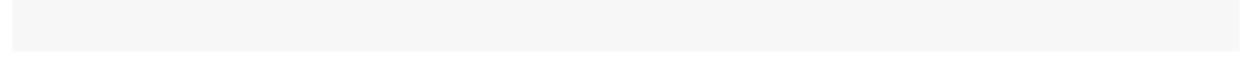
#### **Observation Lounge**

The perfect place to relax and watch the everychanging scenery drift by. Enjoy a tipple with your fellow guests next to the panoramic windows.



#### **Exclusive Entertainment**

Our fleet's cutting-edge sound equipment allows for dazzling performances by professional musicians and singers, as well as intimate chamber concerts.



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# Your home away from home

Relax in the understated elegance of your stateroom or suite.

A sophisticated blend of muted tones, natural textures and intuitive technology, the Scandi-inspired design seamlessly blends the natural world with exceptional comforts.





### Amenities in your cabin

Welcome Champagne bottle

#### Smart HDTV

Minibar with soft drinks and beer

Illy Espresso Coffee machine with pods

Kettle and Kusmi tea bags

Towels for cabin, pool and gym ... Individually-controlled airconditioning ... Bathrobes and bedroom slippers ... Toiletries by Lajatica ... Personal Safe ... Nikon Prostaff 3S 10x42 binoculars ... Free Wi-Fi

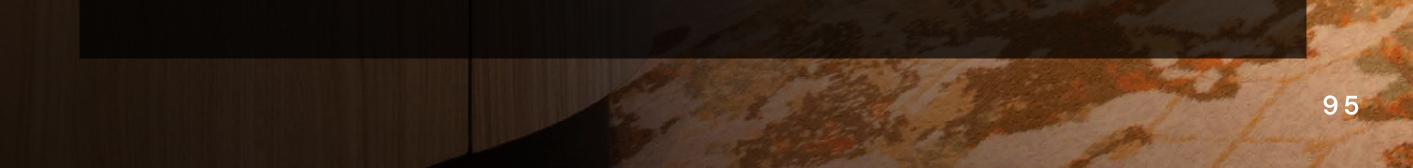




#### Premium Suite | Sleeps up to 4

Premium Suites have a king size bed, separate living room, and flame-effect fireplace. There's also a luxurious ensuite bathroom – with separate bath tub and shower – walk-in wardrobe, and a 12m<sup>2</sup> (129ft<sup>2</sup>) private balcony.

47m<sup>2</sup> (506ft<sup>2</sup>) including balcony

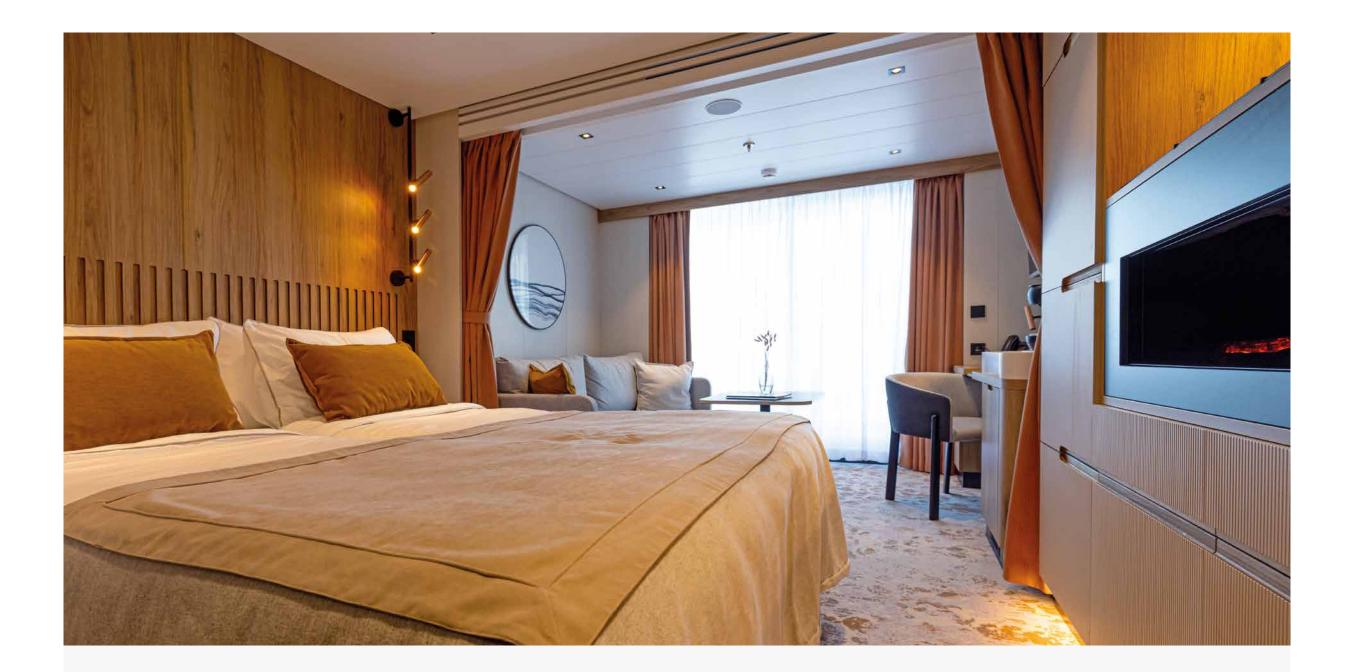




#### Suite | Sleeps up to 4

Suites feature a king size bed, and have a separate living room, with a flame-effect fireplace. There's also a luxurious ensuite bathroom – with separate bath tub and walkin shower – and a 10m<sup>2</sup> (108ft<sup>2</sup>) private balcony.

40m<sup>2</sup> (431ft<sup>2</sup>) including balcony



#### Balcony | Sleeps 2/3

Balcony Staterooms feature two single beds or a double bed, bedroom with living room area, a luxurious bathroom, and a 5m<sup>2</sup> (54ft<sup>2</sup>) private balcony.

25m<sup>2</sup> (269ft<sup>2</sup>) including balcony

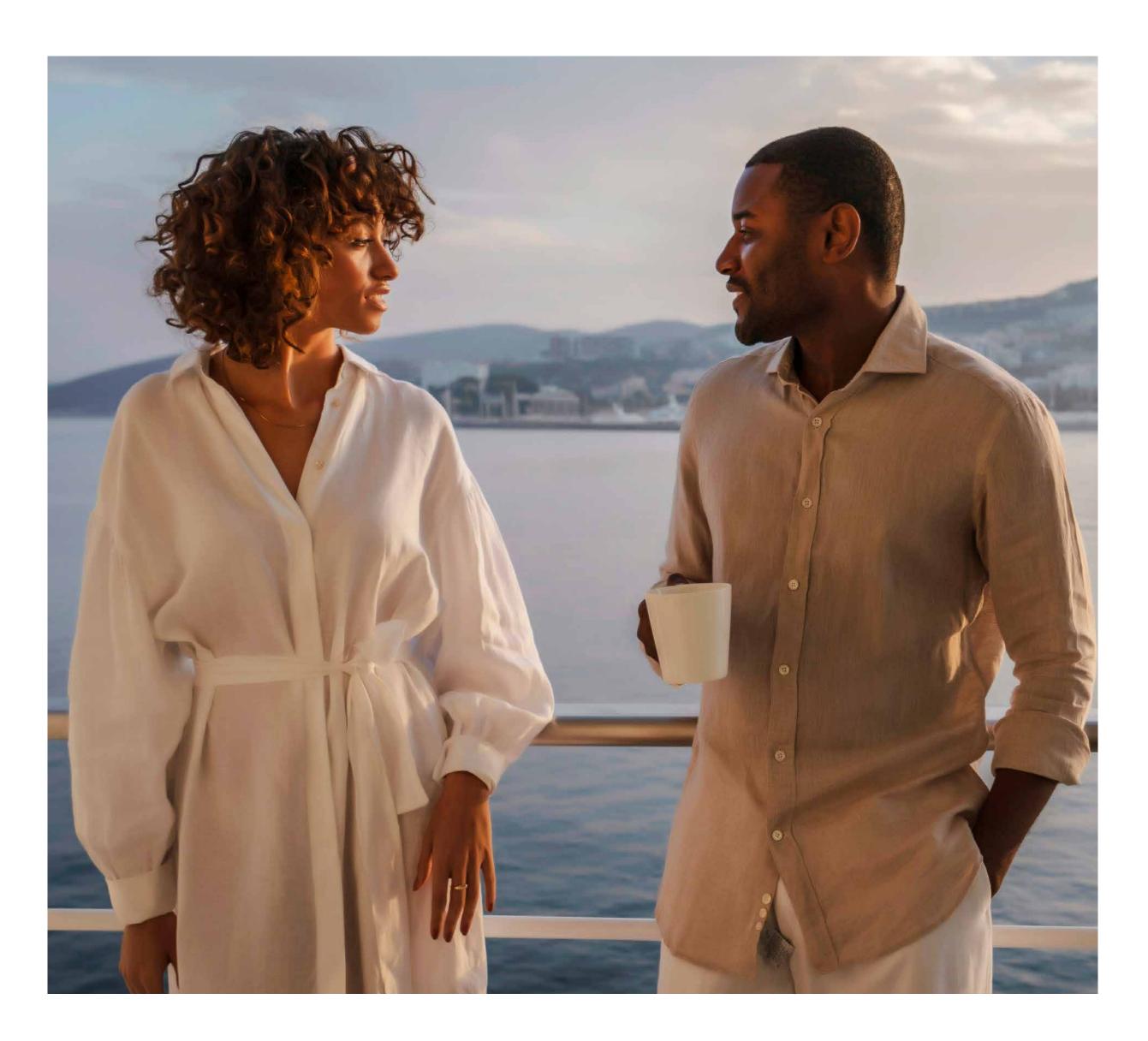




#### Oceanview | Sleeps 2/3

Oceanview Staterooms feature two single beds or a double bed, a bedroom with living room area, and a luxurious bathroom.

20m<sup>2</sup> (215ft<sup>2</sup>)



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## SH Vega

Built in Finland's famous Helsinki

Shipyard, SH Vega was made for wonderful cruising experiences. Enjoy welcoming spaces to relax on board, unobstructed views throughout the ship, and world-class restaurants, staterooms and amenities.







#### Stateroom Category:

Oceanview D4:	4 (2
Oceanview M4:	12 (2
Balcony D5:	8 (2
Balcony M5:	22 (
Balcony D6:	24 (
Suite:	4 (4
Premium Suite:	2 (4

4 (20m<sup>2</sup>) 12 (20m<sup>2</sup>) 8 (25m<sup>2</sup>) 22 (25m<sup>2</sup>) 4 (25m<sup>2</sup>) 4 (40m<sup>2</sup>) 2 (47m<sup>2</sup>)

#### Ship Specification:

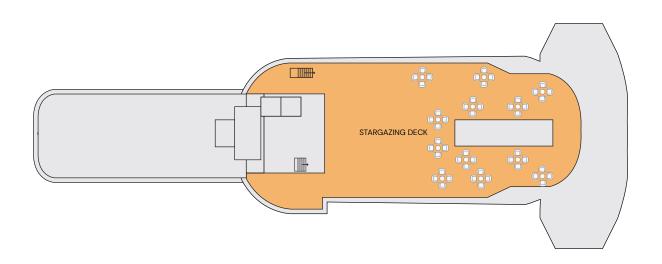
Guest Capacity	152
Staff	117
No. of Decks	9
Staterooms	76

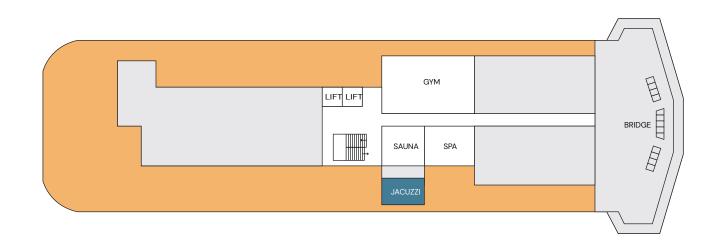
Length Breadth Tonnage Cruising Speed 3rd Guest Capacity 4th Guest Capacity Connecting Staterooms Wheelchair Accessible Staterooms Propulsion

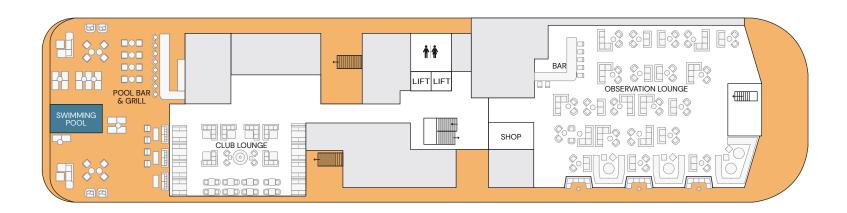
Registered Lifeboats Zodiacs 371ft (113.5m) 79.7ft (24.3m) 10,617 12 knots

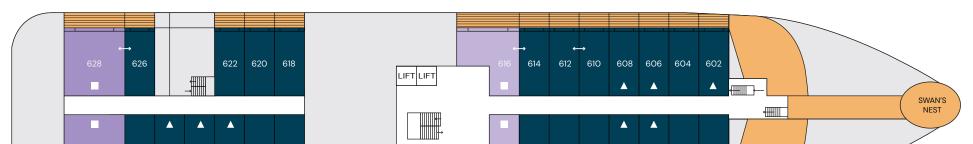
Hybrid Diesel Electric, Polar Class PC5 Panama 2 (fully closed) 10 MK5 2 MK6



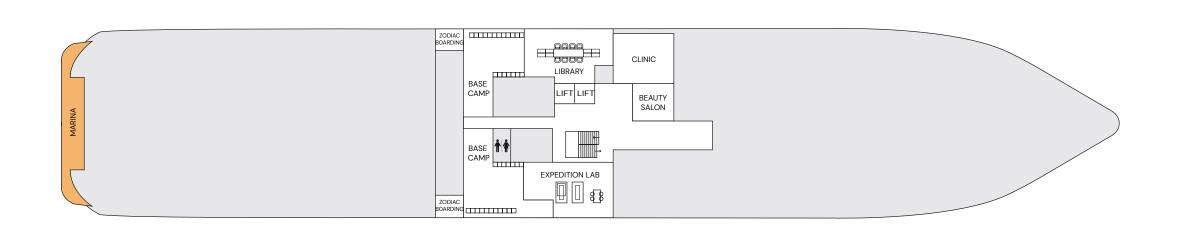


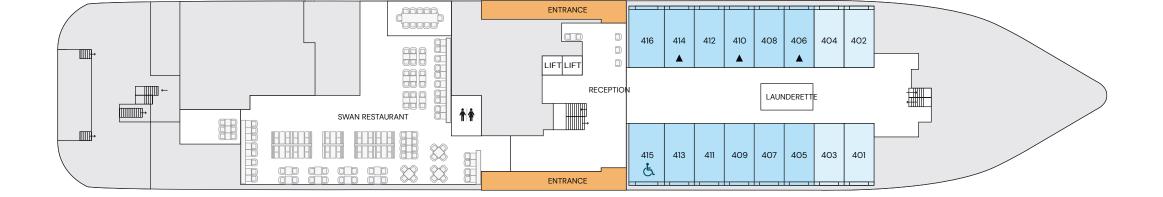


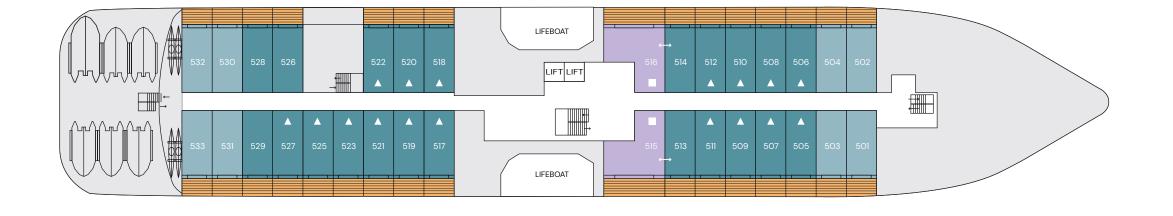




#### FIND OUT MORE $\rightarrow$









# Where to find us

Are you ready for your next adventure? Whatever you need, we're

here for you. We want to satisfy your curious mind whilst giving you the best experience possible.







# Book your cultural expedition cruise

Explore far-flung places and experience one-of-a-kind adventures in the company of our exclusive onboard experts. Uncover rich, diverse cultures, ancient sites, and fascinating civilizations. Book with Swan Hellenic to see what others don't.











SEE WHAT OTHERS DON'T

Thanks for embracing our travel philosophy

### SWANHELLENIC.COM